

CaptasaTM

Incorporated

Clinical Applications of the Principles in Treatment of Addictions and Substance Abuse

23rd Annual Conference - Lexington, KY

January 26-27

2024

Attend in Person or Online



CAPTASA Conference
P.O. Box 6663
Louisville, KY 40206

Thursday January 25, 2024

8:00-9:00 pm Open 12-Step Meeting

Friday January 26, 2024

7:00 am Registration and Continental Breakfast

8:15 am Welcome and Announcements– Brian Fingerson, BS Pharm, RPh, FAPHA

8:30 am Relaps Prevention
– Greg L. Jones, MD, ABFM, ABAM, MRO



GREG L. JONES, MD,
ABFM, ABAM, MRO

He was born in Rome, Georgia in 1955. Dr. Jones has a BA in Chemistry, Cum Laude, from Huntingdon College in Montgomery, Alabama. His medical degree is from the Medical College of Georgia in Augusta, GA, 1980.

His Family Practice training was in Anniston, Alabama, where he then served on the faculty of the Residency until 1992. During his years in Anniston, he was President of the Alabama Academy of Family Physicians and the Director of the Residency program.

He moved to Paducah, Kentucky, with Lourdes Hospital and then to Danville, Kentucky working for Ephraim McDowell RMC in Family Medicine.

After completing an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia he returned to Ken-



tucky to start the first Medical Detox unit in eastern Kentucky at Pikeville Methodist Hospital, serving as Medical Director.

From there he became the Director of Medical Services at Eastern State Hospital in Lexington for seven years. His practice there included full in-patient Family Medicine and Addiction Medicine. While in Lexington he was also on the Board of Directors of the Kentucky Physicians Health Foundation and the Shepherd's House in Lexington.

Dr. Jones went back to Willingway Hospital as a Staff Physician for several years. He then became the Medical Director of the Kentucky Physicians Health Foundation.

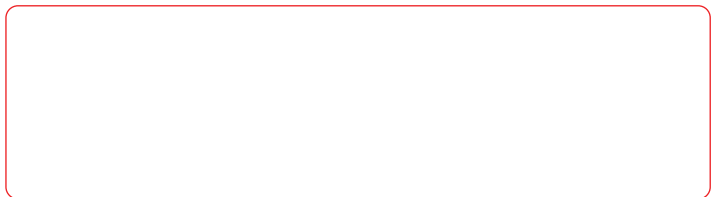
He is Board Certified in Family Medicine by ABFM and in Addiction Medicine by ABAM.

9:30 am Treating Traumatic Bonding and Comorbid Substance Use Disorder
– Mike Eiden, LCSW, LCADC, CSAT



Mike Eiden, LCSW,
LCADC, CSAT

Mike Eiden is a social worker, drug/ alcohol counselor, and certified sex addiction therapist who completed his undergraduate and graduate programs at the University of Louisville Kent School of Social Work. Mike has worked in addiction and mental health treatment for the last 9 years in both inpatient and outpatient settings. During his graduate studies Mike focused his research on the relationship between childhood trauma and addictions; specifically concerning the use of experiential modalities in addiction and trauma treatment.



Mike has previously provided trainings on topics including sex addiction, emotional incest, and sexual health. Mike specializes in experiential therapies, EMDR, psychodrama, and the task-model of treating sex addiction. Mike currently works full-time in his private practice focusing on cases involving complex trauma, chemical addiction, sex addiction and sexual health, and betrayal trauma.

11:20 am Break

10:30 am Treating Intergenerational Trauma in Substance Use Disorder patients
(Focusing on epigenetics and experiential treatment)
– Mike Eiden, LCSW, LCADC, CSAT

11:20 am

Questions and Answers

11:35 am

Lunch

1:00 pm

Back the the Future: The History of Addiction Medicine, Then and Now.
– Scott Teitelbaum, MD, FAAP, FASAM



Scott Teitelbaum, MD,
FAAP, FASAM

Scott Teitelbaum, M.D., is the Pottash Professor in Psychiatry and Neuroscience at the University of Florida's College of Medicine, where he serves as Vice Chair of the Department of Psychiatry, Chief of the Division of Addiction Medicine, Medical Director of the UF Health Florida Recovery Center, and Fellowship Director of UF's American Board of

Preventative Medicine (ABPM) – Addiction fellowship.

Originally trained and board-certified as a pediatrician, Dr. Teitelbaum later completed fellowships in addiction medicine and child psychiatry at the University of Florida. Dr. Teitelbaum became medical director of the Florida Recovery Center in 2002, and since then has been involved in the evaluation and/or treatment of more than 4,000 healthcare providers and other professionals from across the country. Through his efforts, the Florida Recovery Center has led the way nationally with its evidence-based treat-



ment of the disease of addiction.

Dr. Teitelbaum developed one of the first-ever accredited fellowships in addiction medicine. His program now has trained more addiction-medicine fellows than any other program nationwide. In 2016, Dr. Teitelbaum was awarded the Pottash Endowment, allowing for the creation of a research initiative that's focused on addiction medicine and the fight toward recovery. He has been honored on multiple occasions with the Exemplary Teacher Award for his guidance of medical students. Dr. Teitelbaum has received multiple awards and honors, including in January 2018, the American Society of Addiction Medicine named Dr. Teitelbaum winner of its Prestigious Annual Award in recognition of his outstanding contributions to the field.

A national expert who has been consulted by the White House Office of National Drug Control and the U.S. Drug Enforcement Administration, Dr. Teitelbaum is passionate about reducing stigma and advancing treatment for those suffering from the disease of addiction.

2:00 pm

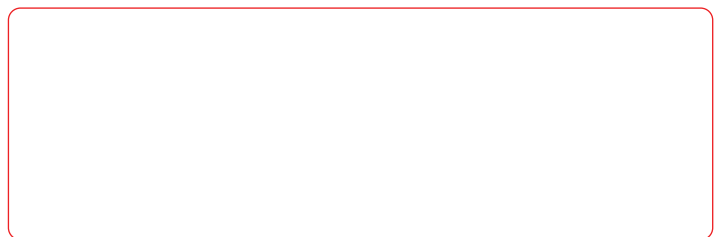
Filling Up and Emptying Out: Overcoming Compassion Fatigue and Burnout for Behavioral Health Professionals
– Aaron Olson, CMHC, SUDC



Aaron Olson, CMHC,
SUDC

Aaron has been with Cirque Lodge since 2009 and has more than 25 years of experience working in the behavioral health field, including time working with the juvenile justice system, inpatient psychiatry, and community mental health. He has specialized in substance use issues and has worked in the residential, outpatient, and intensive outpatient levels of care. Aaron utilizes an eclectic

approach to treatment with a strong foundation in rational emotive behavioral therapy, family systems therapy, and contextual therapy. He has a significant interest in



understanding the impact of transgenerational trauma on families and has lectured around the country on this topic. As the clinical coordinator for the lodge, Aaron oversees the overall clinical experience of residents while carrying a caseload and supervising the other clinical staff. Aaron is a member of the faculty at the University of Utah, College of Social Work, teaching in the Substance Abuse Counseling Program.

continued >

2:50 pm

Break

3:10 pm

Cannabis and Kentucky: Hold on Tight, It May be a Bumpy Ride
– Geoff Wilson LCSW, LCADC



Geoff Wilson, LCSW,
LCADC

Geoff Wilson is a licensed clinical social worker and licensed clinical alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields in Kentucky for over 25 years. He currently is in full time private practice with The Offices of Paul Dalton in Lexington, KY. Geoff treats adults, adolescents, and families and provides numerous trainings throughout the year to

a variety of different organizations. He was previously employed with The Ridge Behavioral Health System in Lexington, KY for fourteen years, where he held the positions of Director of Addiction Services, Director of Business Development and Director of Clinical Operations for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient



department. Prior to The Ridge, Geoff was the Program Director for Hillcrest Hall, a long term residential adolescent substance abuse treatment program in Mt. Sterling, KY. He served as the president of the Kentucky Adolescent Substance Abuse Consortium for over 10 years. In 2004, he received the Robert Straus Award for Outstanding Service in the Field of Substance Abuse Treatment in Kentucky. In 2008 Geoff was appointed by Governor Steve Beshear to the Kentucky Board of Alcohol and Drug Counselors, serving for 10 years. In 2013, he was selected by NASW-KY as the Social Worker of the Year. In 2019, Geoff became the President of the Kentucky Association of Addiction Professionals.

4:10 pm

Adderall, Suboxone, and Benzodiazepines: The Current State of Play
– Geoff Wilson LCSW, LCADC



5:00 pm

Questions and Answers

5:15 pm

Break

6:45 pm

Conference Banquet

7:45 pm

Break

8:00 pm

Banquet Speaker – Tony W.

9:10 pm

Open AA AI-Anon Meeting

Saturday January 28, 2024

6:30 am Closed AA Meeting

7:30 am Continental Breakfast

8:15 am Opioid Epidemic
– Robert A. Campbell ,II, MD, FASAM, FACS (ret)



Robert A. Campbell II,
MD

Robert A. Campbell, MD, II, FASAM, FACS (ret) is an Addiction Psychiatrist with 37 years of experience as a physician. He received his undergraduate and medical degrees from the University of Florida (1985). He then completed a residency in General Surgery (1990) at the University of Texas Medical Branch in Galveston, TX. Dr. Campbell was a Cardiothoracic Surgeon for many years and completed his fellowship in Cardiothoracic Surgery at the University of Miami (1992). After retiring from surgery Dr. Campbell went back into training and completed a residency in Psychiatry at the University of Louisville (2013). Dr. Campbell also served as the Medical Director for the Clinics at The Healing Place in Louisville, KY. After serving on the faculty at the University of Louisville Department of Psychiatry, where he served as an addiction, consult/liason and emergency services psychiatrist, he moved to Columbus, Ohio to become the Medical Director, Director of Addiction Services, and the Dual Diagnosis Unit at Columbus Springs East in Columbus, OH. He is currently an Attending Psychiatrist at Twin Valley Behavioral Health in Columbus OH, which is the state forensics hospital. He is on the Clinical Faculty at the University of Louisville, The Ohio State University, Ohio University, and Wright State University Departments of Psychiatry. He is certified by the American Board of Psychiatry and Neurology, as well as the American Board of Preventative Medicine in Addiction Medicine. He is a Fellow of the American College of Surgeons, as well as a Fellow of the American Society of Addiction Medicine. Because of his extensive education and breadth of experience, Dr. Campbell's interests include the management of the emergency psychiatric patient, chemical dependency,

psychiatric manifestations of medical and surgical disorders, bioethics and patient safety. He is also extremely interested in stress disorders among medical and mental health workers. He also has a strong interest in Addiction Medicine, particularly regarding the care of the pregnant addict. He is the recipient of the 2017 Psychiatric Residents Association Golden Apple Award for Teaching Excellence at the University of Louisville and the Nancy C. A. Roeske, MD Certificate of Excellence in Medical Student Education, awarded annually by the American Psychiatric Association. He has been an active member of numerous Ethics Committees during his medical career. He has also been a member of the Professional Standards Committee, Patient Safety Committee, Workplace Violence Committee, Emotional Debriefing and Staff Self-Care Committee, and the Opioid Task Force Committee at University of Louisville. Dr. Campbell is a current member of the American Society of Addiction Medicine, American Academy of Psychiatry and the Law, American Psychiatric Association, American Academy of Consult Liaison Psychiatry, American Medical Association, Society of Thoracic Surgeons, and Fellow of the American College of Surgeons. He is also a member of the American Delirium Society, Academy of Psychosomatic Medicine, American Academy of Addiction Psychiatrists, American Association of Emergency Psychiatrists, American Society of Professionals in Public Safety and the National Patient Safety Foundation.

9:15 am Caring for the Caretaker
– Robert A. Campbell ,II, MD, FASAM, FACS (ret)

10:05 am Break

10:30 am

**Psychotherapy and the Twelve Steps
Chris Stewart, MD, FASAM**



Chris Stewart, MD,
FASAM

Chris Stewart, MD, is an addiction psychiatrist with an extensive background in a variety of addiction treatment settings. Before joining Working Sobriety, he was the training director of an ACGME-accredited addiction psychiatry training program at the University of Louisville, where, along with his teaching and clinical duties, he participated in research exploring the relationship between addiction, psychological trauma, and neuroelectrophysiology of the brain. Dr. Stewart is board certified in general psychiatry, addiction psychiatry, addiction medicine, and psychosomatic medicine. His clinical



work integrates his training and expertise in looking specifically at the intersection of trauma-related disorders and addiction. Dr. Stewart is a Certified Group Psychotherapist (CGP) with the International Board for Certification of Group Psychotherapists and provides both individual, group, and intensive psychotherapy to patients seeking outpatient treatment for addiction.

11:30 am

**Sponsorship and Special Groups
– Penelope P. Ziegler, M.D., FASAM**



Penelope P. Ziegler, M.D.,
FASAM

Penelope P. Ziegler is the former Medical Director and Chief Executive Officer of the Professionals Resource Network, Inc. (PRN). Before coming to PRN in July 2013, Dr. Ziegler was the Medical Director of the Virginia Health Practitioners' Monitoring Program. She has worked in the addiction field since 1985, and been the Medical Director of several treatment and monitoring programs. She serves on the Board of Directors of the Federation of State Physician Health Programs. Dr. Ziegler is Board Certified in general



and addiction psychiatry and in addiction medicine.

12:20pm

Questions & Answers

12:30pm

Drawing for Door Prizes (must be present to win)

12:35pm

Lunch

1:40 pm

Resolution of Guilt and Shame
– Justin Wolfe, MA, LCPC, CADC, CRC, PCGC, NCC



Justin Wolfe, MA, LCPC,
CADC, CRC, PCGC, NCC

Justin earned a master's in counseling with a specialization in rehabilitation from Adler University. He is a certified alcohol and drug counselor (CADC), certified rehabilitation counselor (CRC), and a problematic and compulsive gambling counselor (PCGC). Before joining Footprints to Recovery, Justin served in several roles at Linden Oaks Behavioral Health, including manager of outpatient addiction services, clinical supervisor of addiction services, and lead clinical therapist. He has also worked in private practice and as a counselor for youth and family services organizations



2:40 pm

Music and Recovery
– John McAndrew - Recovery Music Specialist



John McAndrew
Recovery Music Specialist

Research shows music taps regions in the mind that are conducive to treating addiction, including those regulating stress, emotion, cognitive function and physical pain. John McAndrew works with Cumberland Heights patients to experience those healing powers in our music therapy program. John also helped launch the “Music Professionals Program,” which helps those working in the music industry find recovery from substance use

disorder. John's music has been heard around the world, and at many national events. While touring, he performs and works with recovery audiences as well. His music is in several feature films including, “One Little Red Wagon” directed by David Anspaugh.



3:20 pm

End of Program

Supporting & Planning Organizations

Kentucky Physicians Health Foundation

Kentucky Dental Association Medicine

K.A.R.E. for Nurses Program, Kentucky Board of Nursing

Kentucky Association of Addiction Professionals

Kentucky Chapter of Employee Assistance Professionals Association

Kentucky Board of Social Workers

Special Support From

Kentucky Medical Association

Kentucky Board of Pharmacy

Kentucky Society of Health Systems Pharmacists



Target Audience

Attendees will include physicians, nurses, pharmacists, dentists, chemical dependency counselors, psychologists, therapists, social workers, employee assistance professionals and other health care providers, as well as recovering professionals.

Content Overview

The 2024 CAPTASA conference is designed to provide practitioners working with alcoholics and addicts the

most up to date research and best practices available for treating those populations. It is the goal of the conference to insure that groups regardless of gender, age, national origin, or sexual orientation are treated appropriately. Various methods of Medically Assisted Treatment (MAT), Opiate Replacement Therapy, and Residential Peer Support Twelve Step Programs will be presented and reviewed.



2024 Conference Exhibitors

(At time of printing)

AA

Addiction Recovery Care

Alanon

Aliya

Alkermes

ARK

Aware Recovery Care

Bluewater Toxicology

BRC Healthcare

Burning Tree

Gravity Diagnostics

Hotel California By the Sea

Journey Pure

Lemongrass Spa / Fresh Clean & Natural

Lincoln Trail Behavioral Health

Louisville and Lexington Addiction Centers

Pine Grove Behavioral Health & Addiction Services

Pinnacle Treatment Centers

Sun Behavioral Health

Wooded Glen Recovery Center

Hotel Information



**EMBASSY
SUITES**
by HILTON™

1801 Newtown Pike, Lexington, KY 40511
(859) 455-5109

Conference Site & Accommodations

All conference sessions will be held at the Embassy Suites in Lexington. A special conference rate has been arranged for overnight accommodations at the Embassy Suites. Please contact the hotel directly to make your hotel reservations prior to the cut-off date. Be sure to mention the

"Clinical Applications of Principles in Treatment of Addictions and Substance Abuse" (CAPTASA) Conference to ensure that you receive the conference rate.

Room Rates - \$139.00 double or king
Cut-off Date - January 10, 2024

To make hotel reservations attendees may either call the hotel directly at the number listed at left or by online registration via this link:

<https://www.hilton.com/en/book/reservation/deep-link/?ctyhoc=LEXES&groupCode=90V&arrivaldate=2024-01-25&departuredate=2024-01-27&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Group Name: CAPTASA
Group Code: CAP

For Additional Information

David Thomas, Conference Coordinator
P.O. Box 6663, Louisville, KY 40206
Phone: (502) 548-7244
Email: david@captasa.org
Website: www.captasa.org



CAPTASA Conference

January 26-27, 2024 Embassy Suites- Lexington, KY
Registration Form

First _____ MI _____ Last _____

Profession/Credentials _____

Name for Nametag _____

Institution/Organization _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

Please list any special needs you may have (dietary, etc.): _____

I will attend _____ in person _____ online

PAYMENT INFORMATION

- Personal or institutional check made payable to: CAPTASA Conference
- Cost of Banquet **NOT** included in registration fee.
- No one day, group rate or scholarships

NO REFUNDS AFTER JANUARY 14, 2024

\$300 Early Registration Fee (postmarked by Jan. 5, 2024) \$ _____

\$350 Regular Registration Fee (postmarked after Jan. 5, 2024) \$ _____

No registrations accepted if postmarked after Jan. 17, 2024) You will need to register at the door.

_____ I plan to attend the banquet Friday night (cost \$35) \$ _____

Guest Banquet Ticket(s): # Tickets _____ x \$35 per ticket = \$ _____

Handouts @ \$35 per set: # Sets _____ x \$35 per set = \$ _____

MUST PRE-ORDER BY JANUARY 17 - NOT AVAILABLE FOR PURCHASE AT CONFERENCE

Handouts will be available online @ CAPTASA.org for no charge

Total Amount Enclosed: \$ _____

Mail to: CAPTASA Conference
P.O. Box 6663
Louisville, KY 40206

Or Email: david@captasa.org

I will attend in person _____ Online _____



Captasa
Incorporated

2024 Accreditation Statements

The following Continuing Education Credits have been applied for.
See individual disciplines for CE instructions.

Kentucky Board of Medical Licensure



● This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the *Kentucky Medical Association* and CAPTASA. *The Kentucky Medical Association* is accredited by the ACCME to provide continuing medical education for physicians.

● The Kentucky Medical Association designates this live activity for a maximum of 9.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Kentucky Board of Dentistry

● This conference has been submitted for approval by the Kentucky Board of Dentistry for 13 hours of Category B continuing education credits.

● Credit Designation - Number of CE Points: 13 Category B

● Approved for KASPER requirement CE

Kentucky Board of Nursing

● This conference has been submitted for approval by the Kentucky Board of Nursing (KBN) for a maximum 14.5 contact hours (Day 1 offering 8.1 contact hours and Day 2 offering 6.4 contact hours). To receive contact hours, participants must attend the entire session, signify attendance on the roster for both Day 1 and Day 2 of the conference, provide a license number and valid email address, and evaluate the offering. If not present for the entirety of the conference, award of contact hours will be amended to reflect only those sessions attended. Evaluations will be emailed to attendees following the conference and must be completed by Monday, February 28, 2022. CE certificates will be emailed upon receipt of a completed conference evaluation. Sponsor reserves the right to substitute speakers with equivalent credentials.

Kentucky Board of Pharmacy

● This conference has been submitted for approval by the Kentucky Board of Pharmacy for seven

(7) hours on Friday and six (6) hours on Saturday for a total of 13 hours of continuing education. Note: this approval is for CE hours in Kentucky only – it has not been submitted for ACPE approval.

Kentucky Board of Examiners of Psychology

● CAPTASA has requested from the Kentucky Board of Examiners of Psychology to provide up to 10.4 CE credits for professionals licensed by the Board and not for students.

Kentucky Board of Social Work

● This conference has been submitted to the Kentucky Board of Social Work for approval. A maximum of 13 CEU's have been requested for attendance at the entire conference through the Kentucky Board of Social Work.

Kentucky State Board of Licensed Marriage and Family Therapists

● This conference is planned and implemented in accordance with the requirements of the Kentucky State Board of Licensed Marriage and Family Therapists. Approval for CEU's may be requested by submitting this brochure to the Kentucky State Board of Licensed Marriage and Family Therapists.

Kentucky Board of Alcohol and Drug Counselors (LCADC and CADC)

● Contact hours will be awarded.

Licensed Professional Counselors

● Contact hours will be awarded.

Physical Therapy

● This conference has been submitted for approval to the Kentucky Physical Therapy Association for 13 contact hours (Category 1) upon course completion.

Employee Assistant Professionals Association

● 13 contact hours have been submitted for approval by the Employee Assistance Certification Commission.