

CaptasaTM
Incorporated

Clinical Applications of the Principles in Treatment of Addictions and Substance Abuse

22nd Annual Conference - Lexington, KY

January 27-28

2023

Attend in Person or Online



CAPTASA Conference
P.O. Box 6663
Louisville, KY 40206

Thursday January 26, 2023

8:00-9:00 pm Open 12-Step Meeting

Friday January 27, 2023

7:00 am Registration and Continental Breakfast

8:15 am Welcome and Announcements– Brian Fingerson, BS Pharm, RPh, FAPHA

8:30 am Substances that addicts and alcoholics should avoid
– Greg L. Jones, MD, ABFM, ABAM, MRO



GREG L. JONES, MD,
ABFM, ABAM, MRO

He was born in Rome, Georgia in 1955. Dr. Jones has a BA in Chemistry, Cum Laude, from Huntingdon College in Montgomery, Alabama. His medical degree is from the Medical College of Georgia in Augusta, GA, 1980.

His Family Practice training was in Anniston, Alabama, where he then served on the faculty of the Residency until 1992. During his years in Anniston, he was President of the Alabama Academy of Family Physicians and the Director of the Residency program.

He moved to Paducah, Kentucky, with Lourdes Hospital and then to Danville, Kentucky working for Ephraim McDowell RMC in Family Medicine.

After completing an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia he returned to

OBJECTIVES

- Improve their understanding of potential destabilization of Recovery from drugs and OTC

Kentucky to start the first Medical Detox unit in eastern Kentucky at Pikeville Methodist Hospital, serving as Medical Director.

From there he became the Director of Medical Services at Eastern State Hospital in Lexington for seven years. His practice there included full in-patient Family Medicine and Addiction Medicine. While in Lexington he was also on the Board of Directors of the Kentucky Physicians Health Foundation and the Shepherd's House in Lexington.

Dr. Jones went back to Willingway Hospital as a Staff Physician for several years. He then became the Medical Director of the Kentucky Physicians Health Foundation.

He is Board Certified in Family Medicine by ABFM and in Addiction Medicine by ABAM.

9:30 am Attachment and Pornography, Gaming and Internet Addictions
– Mike Eiden, LCSW, LCADC, CSAT
(there will be a 10 minute break at 10:20)



Mike Eiden, LCSW,
LCADC, CSAT

Mike Eiden is a social worker, drug/alcohol counselor, and certified sex addiction therapist who completed his undergraduate and graduate programs at the University of Louisville Kent School of Social Work. Mike has worked in addiction and mental health treatment for the last 9 years in both inpatient and outpatient settings.

During his graduate studies Mike focused his research on the relationship between childhood trauma and addictions; specifically concerning the use of experiential modalities in addiction and trauma treatment.

Mike has previously provided trainings on topics including sex addiction, emotional incest, and sexual health. Mike specializes in experiential therapies, EMDR, psy-

OBJECTIVES

- Define screen addiction and provide diagnostic criteria
- Illustrate common client presentations related to screen addiction
- Discuss an overview of treatment methods for screen addiction and provide applicable clinical interventions

chodrama, and the task-model of treating sex addiction. Mike currently works full-time in his private practice focusing on cases involving complex trauma, chemical addiction, sex addiction and sexual health, and betrayal trauma.

11:20 am

Questions and Answers

11:35 am

Lunch

1:00 pm

Twelve Steps as Medication for Treatment of SUD
– Scott Teitelbaum, MD, FAAP, FASAM



Scott Teitelbaum, MD,
FAAP, FASAM

Scott Teitelbaum, M.D., is the Pottash Professor in Psychiatry and Neuroscience at the University of Florida's College of Medicine, where he serves as Vice Chair of the Department of Psychiatry, Chief of the Division of Addiction Medicine, Medical Director of the UF Health Florida Recovery Center, and Fellowship Director of UF's American Board of

Preventative Medicine (ABPM) – Addiction fellowship.

Originally trained and board-certified as a pediatrician, Dr. Teitelbaum later completed fellowships in addiction medicine and child psychiatry at the University of Florida. Dr. Teitelbaum became medical director of the Florida Recovery Center in 2002, and since then has been involved in the evaluation and/or treatment of more than 4,000 healthcare providers and other professionals from across the country. Through his efforts, the Florida Recovery Center has led the way nationally with its evidence-based treat-

OBJECTIVES

- Participants (providers) will learn to present the 12-steps in the same manner that they would present a medication.

ment of the disease of addiction.

Dr. Teitelbaum developed one of the first-ever accredited fellowships in addiction medicine. His program now has trained more addiction-medicine fellows than any other program nationwide. In 2016, Dr. Teitelbaum was awarded the Pottash Endowment, allowing for the creation of a research initiative that's focused on addiction medicine and the fight toward recovery. He has been honored on multiple occasions with the Exemplary Teacher Award for his guidance of medical students. Dr. Teitelbaum has received multiple awards and honors, including in January 2018, the American Society of Addiction Medicine named Dr. Teitelbaum winner of its Prestigious Annual Award in recognition of his outstanding contributions to the field.

A national expert who has been consulted by the White House Office of National Drug Control and the U.S. Drug Enforcement Administration, Dr. Teitelbaum is passionate about reducing stigma and advancing treatment for those suffering from the disease of addiction.

2:00 pm

Adult ADHD in the treatment of patients in the current addiction epidemic
– Chris Stewart MD, FASAM



Chris Stewart, MD,
FASAM

Chris Stewart, MD, is an addiction psychiatrist with an extensive background in a variety of addiction treatment settings. Before joining Working Sobriety, he was the training director of an ACGME-accredited addiction psychiatry training program at the University of Louisville, where, along with his teaching and clinical duties, he participated in research exploring the relationship between addiction,

psychological trauma, and neuroelectrophysiology of the brain. Dr. Stewart is board certified in general psychiatry, addiction psychiatry, addiction medicine, and psychosomatic medicine. His clinical work integrates

OBJECTIVES

- Providers will learn to support the responsible and effective treatment of both disorders
- Explore the relationship of SUD and ADHD identify overlapping symptoms of both disorders and best practices for safely addressing the situation for patients

his training and expertise in looking specifically at the intersection of trauma-related disorders and addiction. Dr. Stewart is a Certified Group Psychotherapist (CGP) with the International Board for Certification of Group Psychotherapists and provides both individual, group, and intensive psychotherapy to patients seeking outpatient treatment for addiction.

continued >

2:50 pm

Break

3:10 pm

Adolescents and Overdose
– Geoff Wilson LCSW, LCADC



Geoff Wilson, LCSW,
LCADC

Geoff Wilson is a licensed clinical social worker and licensed clinical alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields in Kentucky for over 25 years. He currently is in full time private practice with The Offices of Paul Dalton in Lexington, KY. Geoff treats adults, adolescents, and families and provides numerous trainings throughout the year to

a variety of different organizations. He was previously employed with The Ridge Behavioral Health System in Lexington, KY for fourteen years, where he held the positions of Director of Addiction Services, Director of Business Development and Director of Clinical Operations for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient

OBJECTIVES

- Will increase knowledge of the increases of adolescent overdose fatalities and their cause.
- Will increase knowledge of the trends in adolescent drug and alcohol use and identify who is most at risk.

department. Prior to The Ridge, Geoff was the Program Director for Hillcrest Hall, a long term residential adolescent substance abuse treatment program in Mt. Sterling, KY. He served as the president of the Kentucky Adolescent Substance Abuse Consortium for over 10 years. In 2004, he received the Robert Straus Award for Outstanding Service in the Field of Substance Abuse Treatment in Kentucky. In 2008 Geoff was appointed by Governor Steve Beshear to the Kentucky Board of Alcohol and Drug Counselors, serving for 10 years. In 2013, he was selected by NASW-KY as the Social Worker of the Year. In 2019, Geoff became the President of the Kentucky Association of Addiction Professionals.

4:10 pm

Co-occurring Mental Health Issues with SUD
– Geoff Wilson LCSW, LCADC

OBJECTIVES

- Will increase knowledge of the prevalence of co-occurring mental health and substance use disorders with patients.
 - Will review what an integrated model of care looks like and what quadrants of care exist with the populations.
 - Will identify other best practices for addressing the needs of clients with co-occurring disorders.
-

5:00 pm

Questions and Answers

5:15 pm

Break

6:45 pm

Conference Banquet

7:45 pm

Break

8:00 pm

Banquet Speaker – Tony W.

9:10 pm

Open AA AI-Anon Meeting

Saturday January 28, 2023

6:30 am Closed AA Meeting

7:30 am Continental Breakfast

8:15 am Stress Disorders in Mental Health Workers - The Second Victim
– Robert A. Campbell ,II, MD, FASAM, FACS (ret)



Robert A. Campbell II, MD

Robert A. Campbell, MD, II, FASAM, FACS (ret) is an Addiction Psychiatrist with 37 years of experience as a physician. He received his undergraduate and medical degrees from the University of Florida (1985). He then completed a residency in General Surgery (1990) at the University of Texas Medical Branch in Galveston, TX. Dr. Campbell was a Cardiothoracic Surgeon for many years and completed his fellowship in Cardiothoracic Surgery at the University of Miami (1992). After retiring from surgery Dr. Campbell went back into training and completed a residency in Psychiatry at the University of Louisville (2013). Dr. Campbell also served as the Medical Director for the Clinics at The Healing Place in Louisville, KY. After serving on the faculty at the University of Louisville Department of Psychiatry, where he served as an addiction, consult/liason and emergency services psychiatrist, he moved to Columbus, Ohio to become the Medical Director, Director of Addiction Services, and the Dual Diagnosis Unit at Columbus Springs East in Columbus, OH. He is currently an Attending Psychiatrist at Twin Valley Behavioral Health in Columbus OH, which is the state forensics hospital. He is on the Clinical Faculty at the University of Louisville, The Ohio State University, Ohio University, and Wright State University Departments of Psychiatry. He is certified by the American Board of Psychiatry and Neurology, as well as the American Board of Preventative Medicine in Addiction Medicine. He is a Fellow of the American College of Surgeons, as well as a Fellow of the American Society of Addiction Medicine. Because of his extensive education and breadth of experience, Dr. Campbell's interests include the management of the emergency psychiatric patient, chemical dependency,

psychiatric manifestations of medical and surgical disorders, bioethics and patient safety. He is also extremely interested in stress disorders among medical and mental health workers. He also has a strong interest in Addiction Medicine, particularly regarding the care of the pregnant addict. He is the recipient of the 2017 Psychiatric Residents Association Golden Apple Award for Teaching Excellence at the University of Louisville and the Nancy C. A. Roeske, MD Certificate of Excellence in Medical Student Education, awarded annually by the American Psychiatric Association. He has been an active member of numerous Ethics Committees during his medical career. He has also been a member of the Professional Standards Committee, Patient Safety Committee, Workplace Violence Committee, Emotional Debriefing and Staff Self-Care Committee, and the Opioid Task Force Committee at University of Louisville. Dr. Campbell is a current member of the American Society of Addiction Medicine, American Academy of Psychiatry and the Law, American Psychiatric Association, American Academy of Consult Liaison Psychiatry, American Medical Association, Society of Thoracic Surgeons, and Fellow of the American College of Surgeons. He is also a member of the American Delirium Society, Academy of Psychosomatic Medicine, American Academy of Addiction Psychiatrists, American Association of Emergency Psychiatrists, American Society of Professionals in Public Safety and the National Patient Safety Foundation.

OBJECTIVES

- Recognize that acute stress states are common in mental health workers.
- Learn to recognize acute stress states in self & coworkers
- Understand the treatment of acute stress states in mental health workers
- Learn how to establish a Peer Support Team in your own workplace

9:15 am Dual Diagnosis
– Robert A. Campbell ,II, MD, FASAM, FACS (ret)

OBJECTIVES

- Learn about diagnosis of dual diagnosis disorders
- Learn about treatment of dual diagnosis disorders
- Learn about referring patients with dual diagnosis disorders when indicated

10:05 am Break

10:30 am

**Gender Differences in Addiction
– Ellen Ovson, MD**



Ellen Ovson, MD

Dr. Ellen Ovson, M.D., FASAM joined Lakeview Health in 2017. She has more than 22 years of experience in addiction medicine and is board certified in internal medicine and certified in addiction medicine by the American Society of Addiction Medicine and the American Board of Addiction Medicine. As Lakeview Health's medical

director, she leads the entire medical team and serves at the authority on all medical issues. Dr. Ovson earned her undergraduate degree at Emory University and graduated from medical school at the University of Alabama. She did her internship at Charlotte Memorial Hospital in North Carolina and her residency at Carraway Methodist Medical

OBJECTIVES

- Acknowledge gender differences in substance use disorders.
- Use trauma informed care.
- Be aware of unique behaviors for women to engage in be returned in treatment.
- Recognize importance of gender responsive treatment.

Center in Birmingham, AL. She is a member of numerous professional organizations including the American Board of Internal Medicine, the American Board of Addiction Medicine and the American Society of Addiction Medicine, where she held several leadership positions.

11:30 am

**Addressing Trauma in Treatment
– David Tarullo, LCSW, LCADC, CSAT**



David Tarullo, LCSW,
LCADC, CSAT

As the owner and founder of The Revolution in Counseling I have sought to understand, develop, and implement the most effective and innovative therapies in the field. I work to treat problems at their core to enable real and sustainable change. I have treated a wide range of mental health disorders, but I primarily specialize in treating Trauma, Anxiety,

PTSD, Substance Use Disorders, Sex Addiction, Personality Disorders, Betrayal Trauma, Co-Dependency, and Families with Addiction.

OBJECTIVES

- Implement effective trauma focused treatment strategies and interventions for substance abuse treatment clients.
- Adequately assess and screen for trauma related experiences

I offer therapies designed to help people make shifts at their emotional and psychological origins. I utilize an array of interventions including: EMDR, Experiential Therapies, Emotion Focused Therapy, Ego State Therapy, Psychodrama Therapy, Family Constellations, Sex Addiction Task Model, and Family Systems Therapy.

12:20pm

Questions & Answers

12:30pm

Drawing for Door Prizes (must be present to win)

12:35pm

Lunch

1:40 pm

Acknowledging Barriers: Supporting Recovery
– Ashley Stewart, PhD



Ashley Stewart, PhD

Ashley Stewart, PhD, MSW, LSW, is the Director of Health Equity and Racial Equity Subject Matter Expert at C4 Innovations. She received her PhD from The Ohio State University, College of Social Work and her master's degree from Columbia University. She is an Assistant Professor at Temple University, College of Public Health, School of Social Work where she trains interdisciplinary students about social justice theories and frameworks and trans-

lational skills for anti-oppressive practice.

Ashley's work centers on addressing institutionalized forms of identity-based oppression. She works in solidarity with mental and behavioral health providers. She supports institutions, corporations, organizations, and leadership teams to identify ways to reduce harm and determine appropriate steps toward sustainable culture change.

Ashley focuses on moving away from performative diversification efforts and shifting institutional and organiza-

OBJECTIVES

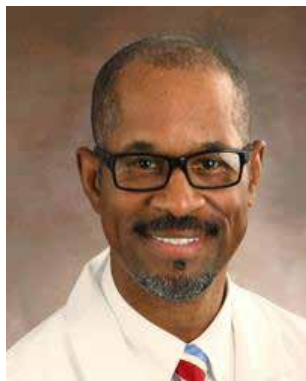
- Define and provide tangible examples of equity
- Assess our readiness to engage meaningfully in conversations around equity
- Review common organizational pitfalls in implementing equitable practices
- Asses what transformative change looks like in practice.

tional culture to be equity-centered. She provides racial equity training, consultation, and support and lends an understanding and respect for the intricacies inherent in equity-centered work. Her research focuses on institutionalized identity-based oppression and industrial, organizational equity [IOE].

Ashley's research includes assessing intersections of identity, structural oppression, health and mental health, and policy. In addition to advanced study of consequences and causes of identity-based oppression, Ashley supports organizational, structural, programmatic, and clinical implementation of anti-oppressive practices. She runs a small practice providing counseling and support for corporate leaders to work through their roles in creating anti-oppressive and equitable change.

2:40 pm

Neo-natal Mothers and SUD
– Jonathan Weeks, MD



Jonathan Weeks, MD

Dr. Weeks is the Medical Director for Maternal-Fetal Medicine and the Maternal Opiate & Substance Treatment (MOST) program at Norton Healthcare in Louisville, KY. The MOST Program has a team of physicians, APRNs & LCSW counselors who are skilled in caring for pregnant mothers with substance use disorders. The MOST Program offers consultation and co-management for women with a medical community or total Obstetrical and SUD care for women

with Substance Use Disorders and severe fetal or maternal complications. Integrated care is given in a high-risk OB practice space designed to eliminate stigmatization and to encourage women to continue on their paths to become better mothers.

OBJECTIVES

- At the end of the session, participants should be able to:
- Describe how SUD causes subfertility and how treatment is often associated with unplanned pregnancies
 - Discuss some options for improving uptake of contraception among patients with SUD
 - Facilitate communication between all of the patients providers and support system stakeholders.

Dr. Weeks graduated from the University of Kentucky College of Medicine in 1984. After completing a U.S. OB/GYN Navy Residency and 3 years of service as a Navy physician, he did a Maternal-Fetal Medicine (MFM) fellowship at the University of California Irvine and Long Beach Memorial Hospital. Dr. Weeks is a board certified MFM physician with over 10 years or academic and 20 years of private practice experience. He interest in Substance Use Disorders in Pregnancy began in 2010 and he has been board certified in Addiction Medicine since 2014.

3:20 pm

End of Program

Supporting & Planning Organizations

Kentucky Physicians Health Foundation

Kentucky Dental Association Medicine

K.A.R.E. for Nurses Program, Kentucky Board of Nursing

Kentucky Association of Addiction Professionals

Kentucky Chapter of Employee Assistance Professionals Association

Kentucky Board of Social Workers

Special Support From

Kentucky Medical Association

Kentucky Board of Pharmacy

Kentucky Society of Health Systems Pharmacists



CaptasaTM
Incorporated

Target Audience

Attendees will include physicians, nurses, pharmacists, dentists, chemical dependency counselors, psychologists, therapists, social workers, employee assistance professionals and other health care providers, as well as recovering professionals.

Content Overview

The 2023 CAPTASA conference is designed to provide practitioners working with alcoholics and addicts the

most up to date research and best practices available for treating those populations. It is the goal of the conference to insure that groups regardless of gender, age, national origin, or sexual orientation are treated appropriately. Various methods of Medically Assisted Treatment (MAT), Opiate Replacement Therapy, and Residential Peer Support Twelve Step Programs will be presented and reviewed.



2023 Conference Exhibitors

(At time of printing)

AA

Addiction Recovery Care

Alanon

Aliya

Alkermes

ARK

Aware Recovery Care

Bluewater Toxicology

BRC Healthcare

Burning Tree

Gravity Diagnostics

Hotel California By the Sea

Journey Pure

Lemongrass Spa / Fresh Clean & Natural

Lincoln Trail Behavioral Health

Louisville and Lexington Addiction Centers

Pine Grove Behavioral Health & Addiction Services

Pinnacle Treatment Centers

Sun Behavioral Health

Wooded Glen Recovery Center

Hotel Information



**EMBASSY
SUITES**
by HILTON™

1801 Newtown Pike, Lexington, KY 40511
(859) 455-5109

Conference Site & Accommodations

All conference sessions will be held at the Embassy Suites in Lexington. A special conference rate has been arranged for overnight accommodations at the Embassy Suites. Please contact the hotel directly to make your hotel reservations prior to the cut-off date. Be sure to mention the

"Clinical Applications of Principles in Treatment of Addictions and Substance Abuse" (CAPTASA) Conference to ensure that you receive the conference rate.

Room Rates - \$137.00 double or king
Cut-off Date - January 10, 2023

To make hotel reservations attendees may either call the hotel directly at the number listed at left or by online registration via this link:

<https://www.hilton.com/en/book/reservation/deep-link/?ctyhocn=LEXES&groupCode=CAP&arrivaldate=2023-01-26&departuredate=2023-01-28&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Group Name: CAPTASA
Group Code: CAP

For Additional Information

David Thomas, Conference Coordinator
P.O. Box 6663, Louisville, KY 40206
Phone: (502) 548-7244
Email: david@captasa.org
Website: www.captasa.org



CAPTASA Conference

January 27-28, 2023 Embassy Suites- Lexington, KY
Registration Form

First _____ MI _____ Last _____

Profession/Credentials _____

Name for Nametag _____

Institution/Organization _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

Please list any special needs you may have (dietary, etc.): _____

I will attend _____ in person _____ online

PAYMENT INFORMATION

- Personal or institutional check made payable to: CAPTASA Conference
- Cost of Banquet **NOT** included in registration fee.
- No one day, group rate or scholarships

NO REFUNDS AFTER JANUARY 14, 2023

\$250 Early Registration Fee (postmarked by Jan. 5, 2023) \$ _____

\$300 Regular Registration Fee (postmarked after Jan. 5, 2023) \$ _____

No registrations accepted if postmarked after Jan. 17, 2023 You will need to register at the door.

_____ I plan to attend the banquet Friday night (cost \$35) \$ _____

Guest Banquet Ticket(s): # Tickets _____ x \$35 per ticket = \$ _____

Handouts @ \$35 per set: # Sets _____ x \$35 per set = \$ _____

MUST PRE-ORDER BY JANUARY 17 - NOT AVAILABLE FOR PURCHASE AT CONFERENCE

Handouts will be available online @ CAPTASA.org for no charge

Total Amount Enclosed: \$ _____

Mail to: CAPTASA Conference
P.O. Box 6663
Louisville, KY 40206

Or Email: david@captasa.org

I will attend in person _____ Online _____



Captasa
Incorporated

2023 Accreditation Statements

The following Continuing Education Credits have been applied for.
See individual disciplines for CE instructions.

Kentucky Board of Medical Licensure



● This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the *Kentucky Medical Association* and CAPTASA. *The Kentucky Medical Association* is accredited by the ACCME to provide continuing medical education for physicians.

● The Kentucky Medical Association designates this live activity for a maximum of 9.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Kentucky Board of Dentistry

● This conference has been submitted for approval by the Kentucky Board of Dentistry for 13 hours of Category B continuing education credits.

● Credit Designation - Number of CE Points: 13 Category B

● Approved for KASPER requirement CE

Kentucky Board of Nursing

● This conference has been submitted for approval by the Kentucky Board of Nursing (KBN) for a maximum 14.5 contact hours (Day 1 offering 8.1 contact hours and Day 2 offering 6.4 contact hours). To receive contact hours, participants must attend the entire session, signify attendance on the roster for both Day 1 and Day 2 of the conference, provide a license number and valid email address, and evaluate the offering. If not present for the entirety of the conference, award of contact hours will be amended to reflect only those sessions attended. Evaluations will be emailed to attendees following the conference and must be completed by Monday, February 28, 2022. CE certificates will be emailed upon receipt of a completed conference evaluation. Sponsor reserves the right to substitute speakers with equivalent credentials.

Kentucky Board of Pharmacy

● This conference has been submitted for approval by the Kentucky Board of Pharmacy for seven

(7) hours on Friday and six (6) hours on Saturday for a total of 13 hours of continuing education. Note: this approval is for CE hours in Kentucky only – it has not been submitted for ACPE approval.

Kentucky Board of Examiners of Psychology

● CAPTASA has requested from the Kentucky Board of Examiners of Psychology to provide up to 10.4 CE credits for professionals licensed by the Board and not for students.

Kentucky Board of Social Work

● This conference has been submitted to the Kentucky Board of Social Work for approval. A maximum of 13 CEU's have been requested for attendance at the entire conference through the Kentucky Board of Social Work.

Kentucky State Board of Licensed Marriage and Family Therapists

● This conference is planned and implemented in accordance with the requirements of the Kentucky State Board of Licensed Marriage and Family Therapists. Approval for CEU's may be requested by submitting this brochure to the Kentucky State Board of Licensed Marriage and Family Therapists.

Kentucky Board of Alcohol and Drug Counselors (LCADC and CADC)

● Contact hours will be awarded.

Licensed Professional Counselors

● Contact hours will be awarded.

Physical Therapy

● This conference has been submitted for approval to the Kentucky Physical Therapy Association for 13 contact hours (Category 1) upon course completion.

Employee Assistant Professionals Association

● 13 contact hours have been submitted for approval by the Employee Assistance Certification Commission.