



CaptasaTM

Incorporated

Clinical Applications of the Principles in Treatment of Addictions and Substance Abuse

21st Annual Conference - Lexington, KY

January 28-29

2022

Attend in Person or Online



CAPTASA Conference
P.O. Box 6663
Louisville, KY 40206

Thursday January 27, 2022

8:00-9:00 pm Open 12-Step Meeting

Friday January 28, 2022

7:00 am Registration and Continental Breakfast

8:15 am Welcome and Announcements– Brian Fingerson, BS Pharm, RPh, FAPHA

8:30 am Alcohol is Still The Number One Drug of Choice
– Greg L. Jones, MD, ABFM, ABAM, MRO



GREG L. JONES, MD,
ABFM, ABAM, MRO

He was born in Rome, Georgia in 1955. Dr. Jones has a BA in Chemistry, Cum Laude, from Huntingdon College in Montgomery, Alabama. His medical degree is from the Medical College of Georgia in Augusta, GA, 1980.

His Family Practice training was in Anniston, Alabama, where he then served on the faculty of the Residency until 1992. During his years in Anniston, he was President of the Alabama Academy of Family Physicians and the Director of the Residency program.

He moved to Paducah, Kentucky, with Lourdes Hospital and then to Danville, Kentucky working for Ephraim McDowell RMC in Family Medicine.

After completing an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia he returned to Kentucky to start the first Medical Detox unit in eastern

OBJECTIVES

- Define problem use of alcohol.
- Review signs and symptoms of alcohol use disorders.
- Identify testing useful in detection of alcohol use disorders

Kentucky at Pikeville Methodist Hospital, serving as Medical Director.

From there he became the Director of Medical Services at Eastern State Hospital in Lexington for seven years. His practice there included full in-patient Family Medicine and Addiction Medicine. While in Lexington he was also on the Board of Directors of the Kentucky Physicians Health Foundation and the Shepherd's House in Lexington.

Dr. Jones went back to Willingway Hospital as a Staff Physician for several years. He then became the Medical Director of the Kentucky Physicians Health Foundation.

He is Board Certified in Family Medicine by ABFM and in Addiction Medicine by ABAM.

9:30 am Treatment Selection -
Greg L. Jones, MD,
ABFM, ABAM, MRO

OBJECTIVES

- Attendees will be able to identify treatment options and make appropriate treatment choices and referrals.

10:30 am Addressing Deaths of Depression: Overdose, Suicide, and Liver Disease
– Geoff Wilson, LCSW, LCADC



Geoff Wilson, LCSW,
LCADC

Geoff Wilson is a licensed clinical social worker and licensed clinical alcohol and drug counselor. He has been practicing in the mental health and substance abuse treatment fields in Kentucky for over 25 years. He currently is in full time private practice with The Offices of Paul Dalton in Lexington, KY. Geoff treats adults, adolescents, and families and provides numerous trainings throughout the year to a variety of different organizations.

OBJECTIVES

- Will increase knowledge of the different types of deaths of despair
- Will increase knowledge of the rate of deaths of despair in the United States
- Will review different interventions to address deaths of despair

of Clinical Operations for their 110 bed inpatient psychiatric and chemical dependency treatment hospital and their outpatient department. Prior to The Ridge, Geoff was the Program Director for Hillcrest Hall, a long term residential adolescent substance abuse treatment program in Mt. Sterling, KY. He served as the president of the Kentucky Adolescent Substance Abuse Consortium for over 10 years. In 2004, he received the Robert Straus Award for

He was previously employed with The Ridge Behavioral Health System in Lexington, KY for fourteen years, where he held the positions of Director of Addiction Services, Director of Business Development and Director

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Outstanding Service in the Field of Substance Abuse Treatment in Kentucky. In 2008 Geoff was appointed by Governor Steve Beshear to the Kentucky Board of Alcohol and Drug Counselors, serving for 10 years. In

2013, he was selected by NASW-KY as the Social Worker of the Year. In 2019, Geoff became the President of the Kentucky Association of Addiction Professionals.

11:20 am Questions and Answers

11:35 am Lunch

1:00 pm Suicide and Substance Use Disorders... A Current Epidemic
– Geoff Wilson, LCSW, LCADC

OBJECTIVES

- Will increase knowledge about the co-occurring nature of suicide and substance use disorders and the impact the covid 19 has had on this
- Will increase knowledge about effective screening and assessment for suicide and substance use disorders
- Will increase knowledge about effective safety planning for suicide and substance use disorders

2:00 pm Pornography, Gaming, and Screen Addictions
– Mike Eiden, LCSW, LCADC, CSAT



Mike Eiden, LCSW, LCADC, CSAT

Mike Eiden is a social worker, drug/alcohol counselor, and certified sex addiction therapist who completed his undergraduate and graduate programs at the University of Louisville Kent School of Social Work. Mike has worked in addiction and mental health treatment for the last 9 years in both inpatient and outpatient settings. During his graduate studies Mike focused his research on the relationship

between childhood trauma and addictions; specifically concerning the use of experiential modalities in addiction and trauma treatment.

OBJECTIVES

- Define gaming disorder, screen addiction, pornography addiction, and addiction interaction
- Identify common attachment disruptions and delays in social development related to problematic use
- Discuss appropriate treatment methods for addressing problematic screen use

Mike has previously provided trainings on topics including sex addiction, emotional incest, and sexual health. Mike specializes in experiential therapies, EMDR, psychodrama, and the task-model of treating sex addiction. Mike currently works full-time in his private practice focusing on cases involving complex trauma, chemical addiction, sex addiction and sexual health, and betrayal trauma.

2:50 pm Break

3:10 pm Toxicological Testing and Recovery – Scott Teitelbaum, MD, FAAP, FASAM - TBA



Scott Teitelbaum, MD, FAAP, FASAM - TBA

Scott Teitelbaum, M.D., is the Pottash Professor in Psychiatry and Neuroscience at the University of Florida's College of Medicine, where he serves as Vice Chair of the Department of Psychiatry, Chief of the Division of Addiction Medicine, Medical Director of the UF Health Florida Recovery Cen-

OBJECTIVES

- The participant will be able to summarize the evolution of drug testing in monitoring programs
- The participant will be able to explain the differences between toxicological possibility and a reasonable medical explanation
- The participant will be able to discuss the principles of recovery as they relate to toxicological testing

ter, and Fellowship Director of UF's American Board of Preventative Medicine (ABPM) – Addiction fellowship.

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Originally trained and board-certified as a pediatrician, Dr. Teitelbaum later completed fellowships in addiction medicine and child psychiatry at the University of Florida. Dr. Teitelbaum became medical director of the Florida Recovery Center in 2002, and since then has been involved in the evaluation and/or treatment of more than 4,000 healthcare providers and other professionals from across the country. Through his efforts, the Florida Recovery Center has led the way nationally with its evidence-based treatment of the disease of addiction.

Dr. Teitelbaum developed one of the first-ever accredited fellowships in addiction medicine. His program now has trained more addiction-medicine fellows than any other program nationwide. In 2016, Dr. Teitelbaum was awarded the Pottash Endowment,

allowing for the creation of a research initiative that's focused on addiction medicine and the fight toward recovery. He has been honored on multiple occasions with the Exemplary Teacher Award for his guidance of medical students.

Dr. Teitelbaum has received multiple awards and honors, including in January 2018, the American Society of Addiction Medicine named Dr. Teitelbaum winner of its Prestigious Annual Award in recognition of his outstanding contributions to the field.

A national expert who has been consulted by the White House Office of National Drug Control and the U.S. Drug Enforcement Administration, Dr. Teitelbaum is passionate about reducing stigma and advancing treatment for those suffering from the disease of addiction.

4:10 pm

Emotional Sobriety – Chris Stewart, MD, FASAM



Chris Stewart, MD,
FASAM

Chris Stewart, MD, is an addiction psychiatrist with an extensive background in a variety of addiction treatment settings. Before joining Working Sobriety, he was the training director of an ACGME-accredited addiction psychiatry training program at the University of Louisville, where, along with his teaching and clinical duties, he participated in research exploring the relationship between addiction, psychological trauma, and neuroelectrophysiology of the brain. Dr. Stewart is board certified in general psychiatry, addiction psychiatry, addiction medicine, and psychosomatic medicine. His clinical work integrates

OBJECTIVES

- Increased awareness of concept of emotional sobriety and how to measure this among patients

his training and expertise in looking specifically at the intersection of trauma-related disorders and addiction. Dr. Stewart is a Certified Group Psychotherapist (CGP) with the International Board for Certification of Group Psychotherapists and provides both individual, group, and intensive psychotherapy to patients seeking outpatient treatment for addiction.

5:00 pm

Questions and Answers

5:15 pm

Break

6:45 pm

Conference Banquet

7:45 pm

Break

8:00 pm

Banquet Speaker – Tina S.

9:10 pm

Open AA AI-Anon Meeting

Saturday January 29, 2022

6:30 am Closed AA Meeting

7:30 am Continental Breakfast

8:15 am Stimulants, Hallucinogens, And Club Drugs
– Robert A. Campbell II, MD



Robert A. Campbell II, MD

Robert A. Campbell, II, M.D. joined Columbus Springs in January, 2019 with over 30 years of experience. He received his undergraduate and medical degrees from the University of Florida (1985) and completed his residency in general surgery (1990) at the University of Texas Medical Branch in Galveston, TX. He completed his residency in Psychiatry (2013) at the University of Louisville and is certified by the American Board of Psychiatry and Neurology. He is also certified by the American Board of Preventative Medicine in Addiction Medicine. Due to his deep learning and breadth of experience, Dr. Campbell's interests include: management of the emergency psychiatric patient, chemical dependency, psychiatric manifestations of medical and surgical disorders, bioethics and patient safety as well as a strong interest in Addiction Medicine, particularly in regard to pregnant women. He is the recipient of the 2017 Psychiatric Residents Association Golden Apple Award for Teaching Excellence and the Nancy C. A. Roeske, MD Certificate of Excellence in Medical Student Education, awarded annually by the American Psychiatric Association. He has actively been a member of the Ethics Committee, the Professional Standards Committee, the Patient Safety Committee, the Workplace Violence Committee, the

Emotional Debriefing and Staff Self-Care Committee, and the Opioid Task Force Committee at University of Louisville Hospital. Dr. Campbell also oversees the Rehabilitation program here at Columbus Springs. Dr. Campbell is a current member of the American Society of Addiction Medicine, American Academy of Psychiatry and the Law, American Psychiatric Association, American Medical Association, Society of Thoracic Surgeons, and Fellow of the American College of Surgeons (retired). He is also a member of the American Delirium Society, the Academy of Psychosomatic Medicine, the American Academy of Addiction Psychiatrists, the American Association of Emergency Psychiatrists, and the American Society of Professionals in Public Safety and the National Patient Safety Foundation.

OBJECTIVES

- Increase awareness, and learn to evaluate and treat users of stimulants, hallucinogens, and club drugs

9:15 am Management of Substance Abuse and Pregnancy
– Robert A. Campbell II, MD

OBJECTIVES

- Increase awareness, and learn how to diagnose and care for the pregnant addict

10:05 am Break

10:30 am

**Current Results For Recovery Kentucky
– Mike Townsend, MSSW**



Mike Townsend, MSSW

Mike Townsend serves as Recovery Kentucky Administrator with the Kentucky Housing Corporation. He has worked for the corporation for the past twelve years. Recovery Kentucky is a statewide initiative to build and operate fourteen 100-bed addiction recovery centers throughout Kentucky for men and women needing long term substance abuse recovery and housing support. The Recovery Kentucky programs are modeled after The Healing Place of Louisville and The Hope Center of Lexington. Prior to Mr. Townsend's employment with the Kentucky Housing Corporation, he served as State Director for the Division of Substance Abuse within the Cabinet for Health and Family Services for 25 years. He is a graduate of Centre College and graduate of the University of Louisville Kent School of

OBJECTIVES

- Participants will be able to note one-year follow-up improvement in psychosocial functioning for persons with serial polysubstance use disorders after long-term, peer-support community living that is structured to promote 12-Step abstinence based recovery.

Social Work where he received his Master's of Science in Social Work.

11:30 am

Examining Recovery Program Participants By Gender – T.K. Logan, PHD



T.K. Logan, PHD

TK Logan, Ph.D. is a Professor in the Department of Behavioral Science, College of Medicine, and the Center on Drug and Alcohol Research. Dr. Logan's research focuses on stalking/cyberstalking, partner abuse, coercive control, sexual assault, firearm-related risks, and safety planning and efficacy. Dr. Logan's uses surveys, focus groups,

secondary data extraction, and mixed method qualitative interviews in her research. Dr. Logan is an author on over 175 research articles and book chapters as well

OBJECTIVES

- Understand Kentucky Program Recovery outcomes over time
- Describe gender differences in client characteristics at intake and for outcomes at follow up
- Identify how many Kentucky Recovery program clients are impacted by firearm-related threats and factors associated with being threatened with a firearm overall and by gender

as five books. She also serves on the editorial board of four international journals. Dr. Logan is involved with a several community boards and national organizations working to prevent gender-based violence.

12:20pm

Questions & Answers

12:30pm

Drawing for Door Prizes (must be present to win)

12:35pm

Lunch

1:40 pm

**Culturally Based Healing to Indigenous People: The Medicine Wheel & The Twelve Steps
– Albert Titman, CADC II**



Albert Titman, CADC II

Albert is the lead addictions counselor at the Shingle Springs Band of Miwok Indians. He is a Registered Addiction Specialist through the Breining Institute of CA and a State Board Certified Alcohol and Drug Abuse Counselor CADC II. He is the Chairman of the Board of Directors for the Native Dads Network. He also provides alcohol/drug abuse assessments, diagnosis, and treatment to individuals, couples, families, and groups to achieve more

satisfying and productive marriage, family, and social adjustment.

OBJECTIVES

- Attendees will be able to select appropriate toxicological testing and recognize the benefits and limitations of each.

He enjoys Miwok traditional ceremonial singing and dancing and cooking for his family. Albert provides culturally sensitive services and is blessed with the opportunity to incorporate Native American wellness modalities in his work. He is currently a trainer for White Bison's Wellbriety Training Institute, and has over 12 years of experience in implementing the Medicine Wheel & 12 Steps program in his community.

3:20 pm

End of Program

At the conclusion of the conference, the participant will be able to:

- Utilize current research in the selection and delivery of addiction treatment alternatives.
- Contrast the approach for implementing addiction treatment alternatives based upon a client's needs.
- Identify the process utilized in alcohol and drug testing.

Supporting & Planning Organizations

Kentucky Physicians Health Foundation
Kentucky Dental Association Medicine
K.A.R.E. for Nurses Program, Kentucky Board of Nursing
Kentucky Association of Addiction Professionals
Kentucky Chapter of Employee Assistance Professionals Association
Kentucky Board of Social Workers

Special Support From

Kentucky Medical Association
Kentucky Board of Pharmacy
Kentucky Society of Health Systems Pharmacists



2022 Conference Exhibitors

(At time of printing)

AA

Addiction Recovery Care

Alanon

Aware Recovery Care

Banyan Treatment Centers

Bluewater Toxicology

BRC Healthcare

Cedar Oaks Recovery Center

Farley Center at Williamsburg Place

Hickory House Recovery

Lemongrass Spa / Fresh, Clean & Natural

MAAR Addiction Treatment Centers

Millennium Health

Onsite

Pine Grove Behavioral Health & Addiction Services

Summit Behavioral Healthcare

Sun Behavioral Health

The John Walsh Center

Wooded Glen Recovery Center

Hotel Information



EMBASSY SUITES

by HILTON™

1801 Newtown Pike, Lexington, KY 40511
(859) 455-5109

Conference Site & Accommodations

All conference sessions will be held at the Embassy Suites in Lexington. A special conference rate has been arranged for overnight accommodations at the Embassy Suites. Please contact the hotel directly to make your hotel reservations prior to the cut-off date. Be sure to mention the

"Clinical Applications of Principles in Treatment of Addictions and Substance Abuse" (CAPTASA) Conference to ensure that you receive the conference rate.

Room Rates - \$134.95 double or king
Cut-off Date - January 10, 2022

To make hotel reservations attendees may either call the hotel directly at the number listed at left or by online registration via this link:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=LEXESES&groupCode=CESCAP&arrivaldate=2022-01-27&departuredate=2022-01-29&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Group Name: CAPTASA 2020

Group Code: CAP

For Additional Information

David Thomas, Conference Coordinator

P.O. Box 6663, Louisville, KY 40206

Phone: (502) 548-7244

Email: david@captasa.org

Website: www.captasa.org



Register at www.captasa.org or mail in form below.

First _____ MI _____

Last _____

Profession/Credentials _____

Name for Nametag: _____

Institution/Organization _____

Mailing Address: _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

Please list any special needs you may have (dietary, etc.)

I will attend in person _____ Online _____

PAYMENT INFORMATION

- Personal or institutional check made payable to: CAPTASA Conference
- NO REFUNDS AFTER January 15, 2022
- \$250 Early Registration Fee (postmarked by January 6, 2022) \$ _____
- \$300 Regular Registration Fee (postmarked after January 6, 2022) \$ _____

No registrations accepted if postmarked after Jan. 18, 2022. You will need to register at the door.

- _____ I plan to attend the banquet Friday night (cost \$35) \$ _____
- Additional banquet tickets for guests # _____ x \$35 per ticket = \$ _____
- Handouts @ \$35 per set: # Sets _____ x \$35 per set = \$ _____ (Must pre-order By Jan. 18 - Not available for purchase at conference. (Handouts will be available online @ CAP-TASA.org for no charge)

Total Amount Enclosed: \$ _____

Register at captasa.org or mail to:
CAPTASA Conference
P.O. Box 6663
Louisville, KY 40206
Or Email: david@captasa.org



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Target Audience

Attendees will include physicians, nurses, pharmacists, dentists, chemical dependency counselors, psychologists, therapists, social workers, employee assistance professionals and other health care providers, as well as recovering professionals.

Content Overview

The 2019 CAPTASA conference is designed to provide practitioners working with alcoholics and addicts the

most up to date research and best practices available for treating those populations. It is the goal of the conference to insure that groups regardless of gender, age, national origin, or sexual orientation are treated appropriately. Various methods of Medically Assisted Treatment (MAT), Opiate Replacement Therapy, and Residential Peer Support Twelve Step Programs will be presented and reviewed.



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2022 Accreditation Statements

The following Continuing Education Credits have been applied for.
See individual disciplines for CE instructions.

Kentucky Board of Medical Licensure



● This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the *Kentucky Medical Association* and CAPTASA. *The Kentucky Medical Association* is accredited by the ACCME to provide continuing medical education for physicians.

● The Kentucky Medical Association designates this live activity for a maximum of 9.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Kentucky Board of Dentistry

● This conference has been submitted for approval by the Kentucky Board of Dentistry for 13 hours of Category B continuing education credits.

● Credit Designation - Number of CE Points: 13 Category B

● Approved for KASPER requirement CE

Kentucky Board of Nursing

● This conference has been submitted for approval by the Kentucky Board of Nursing (KBN) for a maximum 14.5 contact hours (Day 1 offering 8.1 contact hours and Day 2 offering 6.4 contact hours). To receive contact hours, participants must attend the entire session, signify attendance on the roster for both Day 1 and Day 2 of the conference, provide a license number and valid email address, and evaluate the offering. If not present for the entirety of the conference, award of contact hours will be amended to reflect only those sessions attended. Evaluations will be emailed to attendees following the conference and must be completed by Monday, February 28, 2022. CE certificates will be emailed upon receipt of a completed conference evaluation. Sponsor reserves the right to substitute speakers with equivalent credentials.

Kentucky Board of Pharmacy

● This conference has been submitted for approval by the Kentucky Board of Pharmacy for seven

(7) hours on Friday and six (6) hours on Saturday for a total of 13 hours of continuing education. Note: this approval is for CE hours in Kentucky only – it has not been submitted for ACPE approval.

Kentucky Board of Examiners of Psychology

● CAPTASA has requested from the Kentucky Board of Examiners of Psychology to provide up to 10.4 CE credits for professionals licensed by the Board and not for students.

Kentucky Board of Social Work

● This conference has been submitted to the Kentucky Board of Social Work for approval. A maximum of 13 CEU's have been requested for attendance at the entire conference through the Kentucky Board of Social Work.

Kentucky State Board of Licensed Marriage and Family Therapists

● This conference is planned and implemented in accordance with the requirements of the Kentucky State Board of Licensed Marriage and Family Therapists. Approval for CEU's may be requested by submitting this brochure to the Kentucky State Board of Licensed Marriage and Family Therapists.

Kentucky Board of Alcohol and Drug Counselors (LCADC and CADC)

● Contact hours will be awarded.

Licensed Professional Counselors

● Contact hours will be awarded.

Physical Therapy

● This conference has been submitted for approval to the Kentucky Physical Therapy Association for 13 contact hours (Category 1) upon course completion.

Employee Assistant Professionals Association

● 13 contact hours have been submitted for approval by the Employee Assistance Certification Commission.