



CATAPULT NOW LLC
VISION-STRATEGY-PLAN

**ORGANIZATIONAL-LEADERSHIP & TRAINING
CONSULTANTS**

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FOUNDER AND PRINCIPLE

ITS FAMILY AFFAIR: THE DYNAMICS OF ADDICTION/ RECOVERY WITHIN THE FAMILY SYSTEM

- Learning Objectives:
 - Participants will be able to identify the dynamics of Addiction/Recovery within a Systems Perspective
 - Participants will learn the family factors that increase the risks of addictions and that promote long term recovery
 - Participants will learn strategies that facilitate systems change when working with families in recovery
 - Participants will increase their understanding of the current research on addiction/recovery

THEORETICAL CONTEXT

Genetic, Psychological and Environmental:

- Ecological Perspective
- Person in Environment
- Family Systems Theory
- Addiction: Genetics and Neuroscience
- Cognitive Theory
- Psycho-Spiritual Perspective

CURRENT RESEARCH

- Research Highlights
- Past – Present - Future

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SYSTEMS PERSPECTIVE

- Addiction: SA/CD/Alcoholism
- Remission and Recovery
- Risk and Benefits

DYNAMICS OF RECOVERY

- Individual
- Family
- Environment

INCREASE RISK AND BENEFITS



STRATEGIES FOR CHANGE

- Person
- Family
- Environment

Questions and Answers

