

10:30am Break

10:45am **Medication Assisted Treatments and Abstinence Assisted Treatment choices for people with serial polysubstance use disorder when opioid use disorder is part of the profile. – Quintin T. Chipley, MA, MD, PhD; Michael E. Townsend, MSSW**

OBJECTIVES

- Participants will be able to name the three FDA approved Medication Assisted Treatments (MAT) for Opioid Use Disorder (OUD).
- Participants will be able to distinguish among the trade names and the generic names of the differing formulations of MAT for OUD.
- Participants will be able to distinguish between the goals of harm-reduction and abstinence based recovery and the manner in which this distinction informs use or avoidance of MAT for OUD.
- Participants will be able to note one-year follow-up improvement in psychosocial functioning for persons with serial polysubstance use disorders after long-term, peer-support community living that is structured to promote 12-Step abstinence based recovery.



Quintin T. Chipley, MA, MD, PhD

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Dr. Chipley was born and raised in Memphis, Tennessee. He has degrees from Rice University Houston, Texas (B.A.-1978), Southeastern Theological Seminary, Wake Forest, North Carolina (M. Div. - 1984), University of Louisville, Clinical Psychology (M.A.-1992) and University of Louisville, M.D. (2000). and University of Louisville, Ph.D (2015), the last with the dissertation, "William Faulkner and Alcoholism: Distilling Facts and Fictions." Dr. Chipley also serves as the Counseling Coordinator for the students enrolled in the medical, dental, nursing and graduate schools of the University of Louisville at the Health Sciences Center campus. He considers it the ideal position where he can practice psychology against the background of a medical education. Prior mental health profession work experiences have included Director of Staff Development and Training, Central State Hospital ICF/MR, Louisville, Kentucky, a brief stint in the psychiatry residency of the University of Louisville affiliated hospitals, six years of full time private practice in psychology with Ragsdell and Associates, Louisville, Kentucky. Dr. Chipley's other work opportunities in life have been so varied as to include alumni fundraising for Rice University, three years of teaching in Kenya, East Africa, and bookkeeping for a small Louisville company. Volunteer passions have included active service and board membership for both Alley Cat Advocates and the Drepung Gomang Institute. He is a board member of the The Beacon House, a transitional living facility for men in recovery, and he was pleased and honored in 2007 to be invited to help with the CAPTASA planning group, a service opportunity he still maintains and cherishes.



Michael E. Townsend, MSSW

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Mike Townsend serves as Recovery Kentucky Administrator with the Kentucky Housing Corporation. He has worked for the corporation for the past twelve years. Recovery Kentucky is a statewide initiative to build and operate fourteen 100-bed addiction recovery centers throughout Kentucky for men and women needing long term substance abuse recovery and housing support. The Recovery Kentucky programs are modeled after The Healing Place of Louisville and The Hope Center of Lexington. Prior to Mr. Townsend's employment with the Kentucky Housing Corporation, he served as State Director for the Division of Substance Abuse within the Cabinet for Health and Family Services for 25 years. He is a graduate of Centre College and graduate of the University of Louisville Kent School of Social Work where he received his Master's of Science in Social Work.

12:15pm Lunch

1:00pm **Pain Management Alternatives – Burns Brady, MD, ASAM, FASAM, ABFP, FAAFP**

OBJECTIVES

- Participants will be able to recognize the appropriate use of medication alternatives for pain management and their risk.
- Participants will be able to recognize the nonmedication alternatives to pain management.

2:30pm **Program conclusion. Thank everyone for attending.**

Disclosure Statement

Dr. Burns Brady, Dr. Quinton Chipley, Michael Townsend, David Thomas have nothing to disclose.