

PIT FALLS INTO & DURING RECOVERY




INTO RECOVERY



I. ASSESSMENT



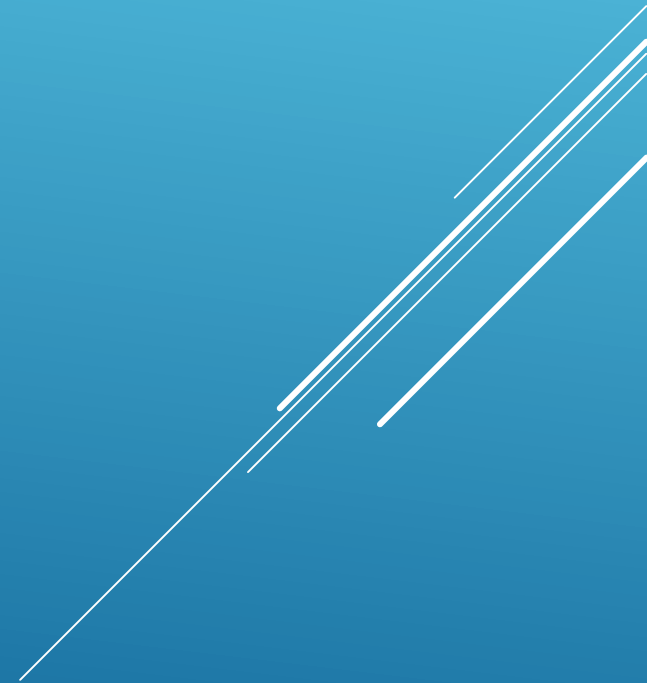
A) Outpatient (Cost, Time)

- 1) Independent
 - 2) Gender Specific
 - 3) Collateral Information
 - 4) Testing: Neuropsychiatric, Drug Screen
 - 5) Physical exam
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B) Residential (Cost, Time)

1) Independent

2) Complete



II. TREATMENT DECISIONS




A) Outpatient

1) With Transitional Living

2) Without Transitional Living

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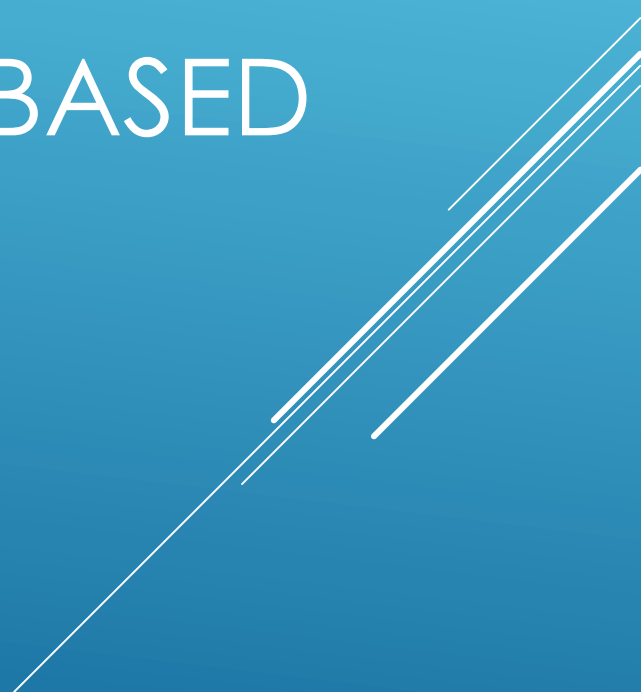
B) Residential

- 1) Gender Specific
 - 2) Abstinence based for drugs with addiction potential
 - 3) Spiritual format
 - 4) Psychiatric services available by experienced, knowledgeable mental health personnel
 - 5) Short term with transitional living
 - 6) Long term: 3 month or longer- includes intensive family week
 - 7) Complete transition upon patient's return to home environment
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DURING RECOVERY



RECOVERY KENTUCKY- EVIDENCE BASED SPIRITUAL FORMAT



I. SIMPLE KIT OF SPIRITUAL TOOLS



A) Fellowship

1) Sponsor- gender specific

surrogate parent

Gitlow

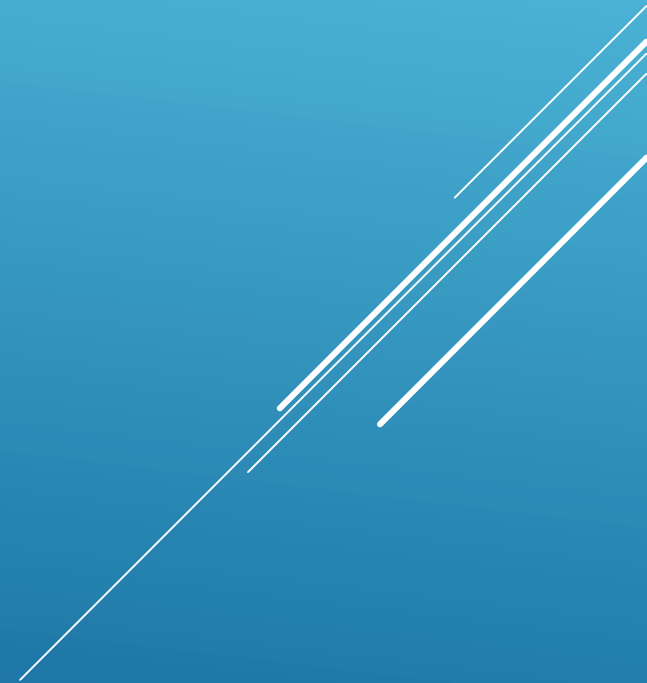
Hennikey

Attend meetings together

Personal meeting

Home group

2) Meetings: 3x or more per week in concert with sponsor



II. MEDICAL CARE- BAD MEDS



III. THERAPY

A) Individual

B) Couples

C) Family

at all therapy- must stay clean and sober

IV. PREMATURE REFERRAL TO OTHER PROGRAMS

V. RELATIONSHIPS- CRITICAL

VI. ISOLATION

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