

CAPTASA

*CLINICAL APPLICATIONS OF
THE PRINCIPLES IN
TREATMENT OF ADDICTIONS
AND SUBSTANCE ABUSE*

**17TH ANNUAL
CONFERENCE**

JANUARY 27-28, 2017

EMBASSY SUITES

LEXINGTON, KENTUCKY

2017 CAPTASA CONFERENCE WEEKEND SCHEDULE

THURSDAY, JANUARY 26

8:00-9:00pm Open 12-Step Meeting

FRIDAY, JANUARY 27

7:00-8:15am Registration and Continental Breakfast

8:15-8:30am Welcome and Announcements – Brian Fingerson, BS Pharm, RPh, FAPHA

8:30-9:20am *Overview of the Biopsychosocial Model of the Disease of Addiction -*
Burns M. Brady, MD, FASAM, FAACP

9:30-10:20am *Current Trends in Pornography: It's Not Your Father's Porn -*
Mary Deitch, JD, PsyD

10:30-11:20am *Application of Practical Tools for Sexual Compulsivity -* Mary Deitch, JD, PsyD

11:20-11:35am Q & A

11:35-1:00pm Lunch

1:00-1:50pm *Eating Disorders: What Addiction Professionals Need to Know (Part 1) -*
Kim Dennis, MD

2:00-2:50pm *Eating Disorders: What Addiction Professionals Need to Know (Part 2) -*
Kim Dennis, MD

2:50-3:10pm Break

3:10-4:00pm *Sex, Drugs, Rock & Roll: Drugs, Addiction and Recovery in Contemporary Music -*
Penelope P. Ziegler, MD

4:10-5:00pm *Non-Residential Detox: What Can Work -* Greg L. Jones, MD, ABFM, ABAM, MRO

5:00-5:15pm Q & A

5:15-6:45pm Break

6:45-7:45pm Conference Banquet

7:45-8:00pm Break

8:00-9:00pm Banquet Speaker – Kevin C., (Alton, England)

9:10pm Open AA Meeting Al-Anon Meeting

SATURDAY, JANUARY 28

6:30-7:30am Closed AA Meeting

7:30am Continental Breakfast

8:15-9:05am *Dual Diagnosis: Experience, Strength, and Hope in Addiction Psychiatry -*
Chris Stewart, MD, FASAM, DFAPA

9:15-10:05am *MAT: High Risk and Low Risk Options -* Greg L. Jones, MD, ABFM, ABAM, MRO

10:05-10:30am Break

10:30-11:20am *A Critical Review of Buprenorphine Medication Assisted Treatment Literature -*
Quintin Thomas Chipley, MA, MD, PhD

11:30am-12:20pm *Self-Reported Experiences with Buprenorphine Use Among Three Populations of*
Substance Abusing Clients in Kentucky - Quintin Thomas Chipley, MA, MD, PhD
and Greg L. Jones, MD, ABFM, ABAM, MRO

12:20-12:30pm Q & A and Conference Announcement

12:30pm Drawing for Door Prizes (must be present to win)

12:35-1:40pm Lunch

1:40-2:30pm *Substance Use Disorders and the Elderly Patient -* Burns M. Brady, MD, FASAM, FAACP

2:40-3:30pm *How Research Supports the Use of the Twelve Steps -* Marc J. Myer, MD

CAPTASA ANNUAL CONFERENCE

TARGET AUDIENCE

Attendees will include physicians, nurses, pharmacists, dentists, chemical dependency counselors, psychologists, therapists, social workers, employee assistance professionals and other health care providers, as well as recovering professionals.

CAPTASA CONFERENCE 2017 OBJECTIVES

- Participants will be able to recognize drug references and drug lingo in all popular musical genres including rock, pop, country, alternative, indie, hip hop and rap
- Participants will be able to utilize popular music to engage patients in therapeutic interaction, exploring their musical references and tailoring individualized references that address their drug use and recovery experiences
- Participants will be able to rely on their clear understanding of an individual patient's stage of recovery, avoid using music in ways that precipitate drug craving or euphoric recall.
- Participants will be able to name the institutions or organizations for the three populations surveyed in the buprenorphine study
- Participants will be able to give the percentages of subjects from this study who self-report histories of using diverted buprenorphine and/or self-report diverting prescription buprenorphine
- Participants will be able to cite the percentages of these subjects who self-report that their prior use of buprenorphine a) made their problems worse b) made no difference in their problems and c) improved their ability to deal with their problems
- Participants will be able to name the four major periods of marketing of buprenorphine and state the indicated uses for the medication for those periods
- Participants will be able to distinguish claims of efficacy from general "harms reduction" as applied to populations from claims of treatment efficacy that sponsors abstinence in varied patient populations
- Participants will be able to discuss with reference to published studies claims that buprenorphine does not cause euphoria, will be able to distinguish the different definitions of outcome measures employed in studies, and will be able to discuss the lack of studies that compare buprenorphine MAT against well-administered and well-maintained psychosocial treatments, among which would be 12 Step abstinence recovery
- Participants will understand the demographics associated with ED, SA and their co-occurrence
- Participants will be able to summarize related psychological characteristics (perfectionism, objectification, and hostility) of individuals with eating disorders and their relationship to substance use disorders
- Participants will be able to review emerging research implicating reward circuitry dysfunction and its relevance to eating disorder pathology
- Participants will be able to describe the recovery model and its use in the treatment of ED and SUD
- Participants will understand the differences between the world of pornography now versus the past
- Participants will understand what types of pornography are prevalent on the internet
- Participants will understand how the current world of pornography could potentially impact patients and clients
- Participants will understand how to assess for problematic sexual compulsivity
- Participants will understand what areas are potential pitfalls for false positives of sexual compulsivity
- Participants will understand the basics of treatment for sexual compulsivity
- Participants will be able to review the available drugs approved for MAT and the characteristics of patients most appropriate to these
- Participants will be able to identify those drugs with a high abuse potential and those with lower abuse potential
- Participants will be able to review the neuropharmacology of the drugs involved and the strengths and weaknesses for each when they are used in MAT
- Participants will be able to identify patients who might safely receive an ambulatory detox from alcohol and other drugs
- Participants will be able to identify options for these patients to receive detox
- Participants will be able to review the neuropharmacology of the drugs involved and the causes of withdrawal symptoms
- Participants will be able to review the extensive body of research examining AA
- Participants will be able to address the difficulty in studying AA and other psychosocial interventions
- Participants will be able to identify methods to increase patient involvement in AA
- Participants will be able to discuss the biological, psychological and social aspects of the disease of alcoholism
- Participants will understand the biochemical workings of substance use and dependence
- Participants will be able to understand and discuss the Post-Acute Recovery Syndrome
- Participants will be able to review the options for treatment for the disease of alcoholism
- Participants will be aware of the subtlety of signs of substance use disorder in the geriatric population of patients
- Participants will be able to review the risks of mood altering medication in the geriatric population that differ significantly from the non-geriatric patients
- Participants will be able to review family and assisted living care risks that the geriatric patient very frequently encounters
- Participants will understand and be able to discuss the term 'dual diagnosis'
- Participants will learn how to approach the problem of dual diagnosis in addiction treatment, and the historical context
- Participants will be able to identify common types of mental health problems in addiction and how to best approach them, with sometimes having limited resources

FACULTY

BURNS M. BRADY, MD, ASAM, FASAM, ABFP, FAAFP

Dr. Burns M. Brady is a 1964 graduate of the University of Louisville Medical School and completed his internship and residency training at St. Joseph's Infirmary in Louisville.

Dr. Brady is a member of numerous professional medical organizations, including the local, state and national medical associations, the American Academy of Family Practice and is a Fellow of the American Society of Addiction Medicine. He is a Board-certified family physician and a Board-certified addictionologist.

Dr. Brady is an addiction consultant for a 400-bed men and women's homeless shelter, The Healing Place, which has been recognized as one of the top five in the United States. He continues to be a very active volunteer.

He served as a clinical instructor on alcoholism for the University of Louisville, University of Kentucky, and Pikeville Schools of Medicine. He also served as a consultant to the American Bar Association, Kentucky Bar Association, Kentucky Dental Association and Kentucky Nurses Association on issues of professional impairment.

Dr. Brady retired for the second time in 2011 as the Medical Director of the Kentucky Physicians Health Foundation-Impaired Physicians Program and has been named Medical Director Emeritus.

Dr. Brady has presented on various topics relating to impairment issues on a local, state, national and international level.

QUINN T. CHIPLEY, MA, MD

Dr. Chipley was born and raised in Memphis, Tennessee. He has degrees from Rice University, Houston, Texas (B.A.-1978), Southeastern Theological Seminary, Wake Forest, North Carolina (M. Div. - 1984), University of Louisville, Clinical Psychology (M.A.-1992) and University of Louisville, M.D. (2000). and University of Louisville, Ph.D (2015), the last with the dissertation, "William Faulkner and Alcoholism: Distilling Facts and Fictions."

Dr. Chipley also serves as the Counseling Coordinator for the students enrolled in the medical, dental, nursing and graduate schools of the University of Louisville at the Health Sciences Center campus. He considers it the ideal position where he can practice psychology against the background of a medical education. Prior mental health profession work experiences have included Director of Staff Development and Training, Central State Hospital ICF/MR, Louisville, Kentucky, a brief stint in the psychiatry residency of the University of Louisville affiliated hospitals, six years of full-time private practice in psychology with Ragsdell and Associates, Louisville, Kentucky.

Dr. Chipley's other work opportunities in life have been so varied as to include alumni fundraising for Rice University, three years of teaching in Kenya, East Africa, and bookkeeping for a small Louisville company. Volunteer passions have included active service and board membership for both Alley Cat Advocates and the Drepung Gomang

Institute. He is a board member of the Kentucky Physicians Health Foundation, and he was pleased and honored in 2007 to be invited to help with the CAPTASA planning group, a service opportunity he still maintains and cherishes.

MARY DEITCH, JD, PsyD

Dr. Deitch is the president of SASH and owner/operator of Deitch Therapy and Consulting, LLC, in Woodlyn, PA. Deitch Therapy and Consulting is an outpatient center for the treatment and assessment of problematic sexual behaviors and boundary violations as well as consultation and education for providers. Dr. Deitch specializes in working with problematic sexual behaviors including offending behaviors, schema focused therapy, relapse prevention, assessment and trauma. Dr. Deitch has presented nationally and internationally on the treatment of problematic sexual behaviors, assessment of physicians, vicarious trauma, and offending behaviors. Dr. Deitch is the former Program Director for the Keystone Center Extended Care Unit, a residential program dedicated to the treatment of those struggling with sexual addiction. Dr. Deitch was also a consultant and supervisor for Victim Services Center of Montgomery County, Inc., a non-profit agency working with those who are victims of crime and their significant others. Dr. Deitch's main focus there was supervising students working with children via play therapy and adults utilizing an empowerment model. Dr. Deitch also serves as adjunct faculty at Widener University Institute for Graduate Clinical Psychology and most recently taught on topics related to merging the fields of psychology and law.

KIM DENNIS, MD, CEDSC

Dr. Kim Dennis is a board-certified psychiatrist who specializes in eating disorder treatment, addiction recovery, trauma / PTSD and co-occurring disorders in women. As CEO/Medical Director Emeritus, she is involved in the Timberline Knolls Clinical Development Institute and other outreach initiatives.

Dr. Dennis maintains a holistic perspective in the practice of psychiatry. She incorporates biological, psycho-social and spiritual approaches into the individually tailored treatment plan for each resident.

Dr. Dennis is published in the areas of gender differences in the development of psychopathology, co-occurring eating disorders and self-injury, and the use of medication with family-based therapy for adolescents with anorexia nervosa. She is also on the editorial board of *Eating Disorders: the Journal of Treatment and Prevention*. Dr. Dennis contributes regularly to news networks, such as ABC News and CNN, other national press such as the *Huffington Post*, *Chicago Tribune*, *Boston Globe* and *WebMD*, and professional magazines such as *Addiction Professional* and *Behavioral Healthcare*. She contributes a monthly column to *Dailystrength.org*. She has been featured on TLC Discovery Channel's "My Strange Addiction" and

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ABC's "20/20." In 2011, she was featured in the documentaries "Normal in Schools ED 101" and "America the Beautiful 2: The Thin Commandments."

Dr. Dennis received her undergraduate degree from the University of Chicago. She obtained her medical degree from the University of Chicago Pritzker School of Medicine and completed her psychiatry residency training at the University Of Chicago Hospitals, where she served as chief resident. During her training, she was part of the multi-disciplinary eating disorders team specializing in treating adolescents with anorexia and bulimia and their families. She also conducted research with Daniel Le Grange, PhD, who ran the eating disorders program at the university.

She is a member of the American Medical Association, Academy for Eating Disorders, the American Academy of Addiction Psychiatry and the American Society for Addiction Medicine. She is on the medical advisory board for the National Association of Anorexia Nervosa and Associated Disorders.

GREG JONES, MD

Dr. Jones has a BA in Chemistry from Huntingdon College in Montgomery, Alabama. His medical degree is from the Medical College of Georgia in Augusta, GA.

His Family Practice training was in Anniston, Alabama, where he also served on the faculty of the Residency until 1992. During his years in Anniston, he was President of the Alabama Academy of Family Physicians and the Director of the Residency program.

He moved to Paducah, Kentucky, working for Lourdes Hospital and then to Danville, Kentucky, working for Ephraim McDowell in Family Medicine.

After completing an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia, he returned to Kentucky to start the first Medical Detox unit in eastern Kentucky at Pikeville Methodist Hospital, serving as Medical Director.

From there he became the Director of Medical Services at Eastern State Hospital in Lexington. His practice included full in-patient Family Medicine and Addiction Medicine. While in Lexington he was also on the Board of Directors of the Kentucky Physicians Health Foundation and the Shepherd's House in Lexington.

Dr. Jones returned to Willingway Hospital in 2010 as a Staff Physician and remained there until late 2011. He then took the position of Medical Director at the Kentucky Physicians Health Foundation, where he remained until September 2016. He is currently Associate Professor in the Department of Psychiatry Division of Addiction Medicine at UF Health Florida Recovery Center in Gainesville, Florida.

He is Board Certified in Family Medicine by ABFM and in Addiction Medicine by ABAM.

MARC MYER, MD

Marc Myer, M.D., is the Health Care Professionals Program Director for the Hazelden Betty Ford Foundation in Center City, MN. Dr. Myer has years of experience treating health care professionals with substance use disorders and co-occurring disorders. He is a board certified addiction specialist, an active member of the American Society of Addiction Medicine, and is currently president-elect of the Minnesota Society of Addiction Medicine. Marc is past chairperson for Physicians Serving Physicians in Minnesota and is also an adjunct professor in the Hazelden Graduate School of Addiction Studies. Specific interests in addiction include tobacco use disorders, treatment of opioid use disorders, cannabis use disorders, and treatment of addicted physicians and nurses. Marc is the author of Marijuana, A Prevention and Education Toolkit for Communities.

CHRIS STEWART, MD

Chris Stewart, MD, is an addiction psychiatrist with an extensive background in a variety of addiction treatment settings. Before joining Working Sobriety, he was the training director of an ACGME-accredited addiction psychiatry training program at the University of Louisville, where, along with his teaching and clinical duties, he participated in research exploring the relationship between addiction, psychological trauma, and neuroelectrophysiology of the brain. Dr. Stewart is board certified in general psychiatry, addiction psychiatry, addiction medicine, and psychosomatic medicine. His clinical work integrates his training and expertise in looking specifically at the intersection of trauma-related disorders and addiction. Dr. Stewart is a Certified Group Psychotherapist (CGP) with the International Board for Certification of Group Psychotherapists and provides both individual, group, and intensive psychotherapy to patients seeking outpatient treatment for addiction.

PENELOPE P. ZIEGLER, MD, DFASAM

Penelope P. Ziegler, M.D., DFASAM, is Medical Director of Professionals Resource Network, Inc. (PRN), Florida's program for healthcare practitioners with substance use disorders and other potentially impairing conditions. Previously she directed state monitoring programs in Virginia and Pennsylvania, and has been medical director of several addiction treatment programs. Dr. Ziegler is Board-certified in General and Addiction Psychiatry and in Addiction Medicine. She is a Distinguished Life Fellow of the American Psychiatric Association. She serves on the Board of Directors of the Federation of State Physician Health Programs. Her special interests include substance use disorders in health care professionals, Twelve Step recovery programs and treatment of substance use disorders in LGBTQ persons. She and her spouse, Clara Wanner, live in Fernandina Beach, FL, are parents of four grown children, and are the guardians of three beloved cats.

ACCREDITATION STATEMENTS

FOR CAPTASA CONFERENCE 2017

Kentucky Board of Medical Licensure

- This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint-providership of the Kentucky Medical Association and the CAPTASA Conference. The Kentucky Medical Association is accredited by the ACCME to provide continuing medical education for physicians.
- The Kentucky Medical Association designates this live activity for a maximum of 12.50 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Kentucky Board of Dentistry

- This conference has been submitted for approval by the Kentucky Board of Dentistry for 13 hours of Category B continuing education credits.
- Credit Designation - Number of CE Points: 13 Category B
- Approved for KASPER requirement CE

Kentucky Board of Nursing

- KBN approved nursing continuing education contact hours (offering #01-2017, #02-2017) will be awarded for each date of attendance at this conference. (8.8 contact hours – 1/27/17 and 6.2 contact hours – 1/28/17). To be awarded contact hours attendee must attend all programs each day. The KBN approval of an individual nursing continuing education provider does not constitute endorsement of the offering content.

Kentucky Board of Pharmacy

- This conference has been submitted for approval by the Kentucky Board of Pharmacy for seven (7) hours on Friday and six (6) hours on Saturday for a total of 13 hours of continuing education. Note: this approval is for CE hours in Kentucky only – it has not been submitted for ACPE approval.

Kentucky Board of Examiners of Psychology

- CAPTASA is authorized by the Kentucky Board of Examiners of Psychology to provide up to 10.4 CE credits for professionals licensed by the Board and not for students.

Kentucky Board of Social Work

- This conference has been planned and implemented in accordance with the requirements of the Kentucky Board of Social Work. A maximum of 13 CEU's have been approved for attendance at the entire conference through the Kentucky Board of Social Work.

Kentucky State Board of Licensed Marriage and Family Therapists

- This conference is planned and implemented in accordance with the requirements of the Kentucky State Board of Licensed Marriage and Family Therapists. Approval for CEU's has been requested through the Kentucky State Board of Licensed Marriage and Family Therapists.

Kentucky Board of Alcohol and Drug Counselors (LCADC and CADC)

- Contact hours will be awarded.

Licensed Professional Counselors

- Contact hours will be awarded.

Physical Therapy

- This conference has been submitted for approval to the Kentucky Physical Therapy Association for 13 contact hours (Category 1) upon course completion.

Employee Assistant Professionals Association

- 13 contact hours have been submitted for approval by the Employee Assistance Certification Commission.

PLEASE SEE INDIVIDUAL DISCIPLINES FOR CE INSTRUCTIONS

HOTEL INFORMATION

CONFERENCE SITE & ACCOMMODATIONS

All conference sessions will be held at the Embassy Suites in Lexington. A special conference rate has been arranged for overnight accommodations at the Embassy Suites. Please contact the hotel directly to make your hotel reservations prior to the cut-off date. Be sure to mention the "Clinical Applications of Principles in Treatment of Addictions and Substance Abuse" (CAPTASA) Conference to ensure that you receive the conference rate.

Room Rates - \$130 double or king
Cut-off Date - January 13, 2017

To make hotel reservations attendees may either call the hotel directly at the number listed below or by online registration via the link provided below:

<http://embassysuites.hilton.com/en/es/groups/personalized/L/LEXESSES-CAT-20170125/index.jhtml>

Group Name: CAPTASA
Group Code: CAT

Hotel Name: Embassy Suites Lexington
Hotel Address: 1801 Newtown Pike Lexington, Kentucky 40511
Phone Number: 859-455-5000

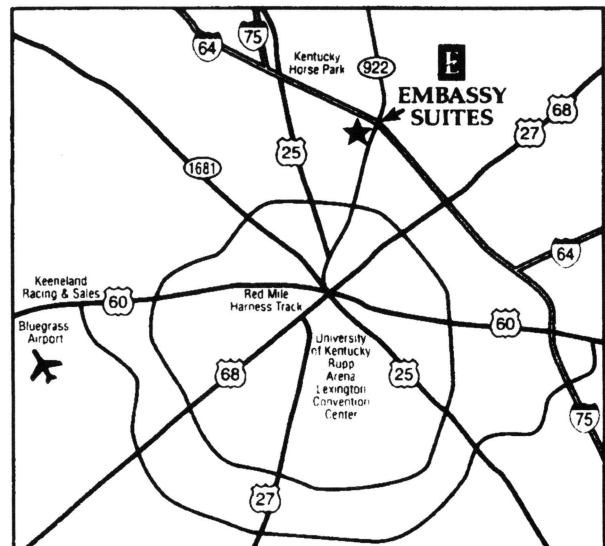
For Additional Information

Sandy Patrick, Office Manager
Kentucky Physicians Health Foundation
9000 Wessex Place, Suite 305, Louisville, KY 40222
Phone: (502) 425-7761 FAX: (502) 425-6871
Email: sandyp@kyrecovery.org Website: www.captasa.org



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CAPTASA Conference

January 27-28, 2017 Embassy Suites- Lexington, KY
Registration Form

First _____ MI _____ Last _____

Profession/Credentials _____

Name for Nametag _____

Institution/Organization _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

Please list any special needs you may have (dietary, etc.): _____

PAYMENT INFORMATION

- Personal or institutional check made payable to: CAPTASA Conference
- Cost of Banquet **NOT** included in registration fee.
- No one day, group rate or scholarships

NO REFUNDS AFTER JANUARY 15, 2017

\$175 Early Registration Fee (postmarked by Jan. 6, 2017) \$ _____

\$200 Regular Registration Fee (postmarked after Jan. 6, 2017) \$ _____

No registrations accepted if postmarked after Jan. 18, 2017. You will need to register at the door.

_____ I plan to attend the banquet Friday night (cost \$35) \$ _____

Guest Banquet Ticket(s): # Tickets _____ x \$35 per ticket = \$ _____

Handouts @ \$35 per set: # Sets _____ x \$35 per set = \$ _____

MUST PRE-ORDER BY JANUARY 18 - NOT AVAILABLE FOR PURCHASE AT CONFERENCE

Total Amount Enclosed: \$ _____

Mail to: CAPTASA Conference
c/o Kentucky Physicians Health Foundation
9000 Wessex Place, Suite 305
Louisville, KY 40222

SUPPORTING & PLANNING ORGANIZATIONS

Kentucky Physicians Health Foundation
Kentucky Professionals Recovery Network
Kentucky Dental Association Medicine
K.A.R.E. for Nurses Program, Kentucky Board of Nursing
Kentucky Association of Addiction Professionals
Kentucky Chapter of Employee Assistance Professionals Association
Kentucky Psychological Association
Kentucky Board of Social Workers

SPECIAL SUPPORT FROM

Kentucky Medical Association
Kentucky Board of Pharmacy
Kentucky Society of Health Systems Pharmacists

CAPTASA IS STAYING GREEN!

What this means for participants: We will no longer be making copies of presentation handouts for each conference attendee. All presentations will be available at our website www.captasa.org one week prior to the conference so that you may download and print your own copies. This will save greatly on paper, which means fewer trees will be killed! It will also allow us to avoid an increase in registration fees. For those participants who prefer handouts be provided for them there will be an additional charge of \$35 per set. We hope you support us in this endeavor to do our little part to save the environment. We look forward to seeing you in January 2016!

2017 CAPTASA CONFERENCE EXHIBITORS AT TIME OF PRINTING

Alcoholics Anonymous	Lindner Center of Hope
Al-Anon	The Menninger Clinic
The Bridge to Recovery	Metro Atlanta Recovery Residences (MARR)
Burlington Labs	Mirror Lake Recovery Center
Communicare ARC	Narcotics Anonymous
English Mountain Recovery	Our Lady of Peace
The Farley Center at Williamsburg Place	Pine Grove Behavioral Health
FirstLab	The Ranch
Food Addicts in Recovery Anonymous	Recovery Works
The Healing Place	Ridge Behavioral Health Systems
Kentucky Cabinet for Health and Family Services (KASPER)	Rivendell Behavioral Health Hospital
Kentucky River Community Care	St. Elizabeth Healthcare
Landmark Recovery of Louisville	Tara Treatment Center
Lincoln Trail Behavioral Health System	Timberline Knolls Residential Treatment Center

CAPTASA Conference
c/o Kentucky Physicians Health Foundation
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