

CAPTASA

*CLINICAL APPLICATIONS OF
THE PRINCIPLES IN
TREATMENT OF ADDICTIONS
AND SUBSTANCE ABUSE*

**9TH ANNUAL
CONFERENCE**

JANUARY 23 - 24, 2009

EMBASSY SUITES

LEXINGTON, KENTUCKY

2009 CAPTASA CONFERENCE WEEKEND SCHEDULE

THURSDAY, JANUARY 22

8:00-9:00pm Open 12-Step Meeting

FRIDAY, JANUARY 23

7:00-8:30 Registration
Continental Breakfast

8:30-9:35am Welcome and Announcements- Brian Fingerson, R Ph

8:45-9:35am *Overview of the Biopsychosocial Model of the Disease of Addiction-*
Burns M. Brady, MD, FASAM

9:45-10:35am *Detox- Then What?-* Greg Jones, MD

10:45-11:35am *Changes in Addiction Treatment- The Good, Bad and the Indifferent-*
Paul Early, MD, FASAM

11:35-1:00pm Lunch

1:00-1:50pm *Depression and Addiction Treatment: Fingers of the Hand-*
Omar Manejwala, MD

2:00-2:50pm *PTSD: The Next Level-*Phil Herndon, MA

2:50-3:10pm Break

3:10-4:00pm *Spaghetti Junction: The Intersections of Anger Management, AOD Abuse
and Domestic Violence-*Matt Veroff, LCSW

4:10-5:00pm *The MOTHER of All Addictions –* Tennie McCarty, LCDC, ADC III, CEDC

5:00-6:45pm Break

6:45-7:45pm Conference Banquet

7:45-8:00pm Break

8:00-9:00pm Banquet Speaker- Joe R., Louisville, KY

9:10pm Open AA Meeting

SATURDAY, JANUARY 24

6:30-7:30am Closed AA Meeting

7:30am Continental Breakfast

8:30-9:20am *The 12 Steps: An Insight Into the Science, Spirituality and Discipline of How
They Work –* Burns M. Brady, MD FASAM

9:30-10:20am *Substance Abuse and the Ederly-*Pat Murphy, MD

10:20-11:30am Break

10:40-11:30am *Family Influences in the Development of Addictive Disease-*
Margaret Jarvis, MD

11:40am-12:30pm *Here's How IT Works: Viewing 12-Step Recovery Through the Lens of
Psychology -* Quinn Chipley, MD, MA

12:30-1:30pm Lunch

1:30-2:20pm *Opioids and Chronic Benign Pain: A Different Perspective-* William Witt, MD

2:30-3:20pm *Fetal Alcohol Spectrum Disorders: An invisible Disability-*
Donna Wiesenhahn, M. Ed and Laura Nagle, BA

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TARGET AUDIENCE

Attendees will include physicians, nurses, pharmacists, dentists, chemical dependency counselors, psychologists, therapists, social workers, employee assistance professionals and other health care providers, as well as recovering professionals.

LEARNING OBJECTIVES

After completing this course, the participant should be able to:

- Understand some psychopathology created by substance dependence
- Understand the psychological theory for normal learning and behavior with emphasis on both Cognitive-Behavioral Theory and Neuropsychology
- Understand how 12-Step meetings and support are naturally evolved mechanisms for the application of psychological theory in the treatment of the psychopathology
- Have a working knowledge of some of the most important changes that have occurred in addiction treatment in the United States in the past 20 years
- Have an increased understanding of the positive and negative aspects of the changes in addiction care
- Have an increased willingness to engage in the debate about the treatment of addictive disease and what makes it better or worse
- Understand two different kinds of family influence on addiction
- Describe what is known of genetic influences on addiction
- Describe what is known of dynamic influences on addiction
- Understand and discuss who needs detox
- Understand which medications pose problems with detox
- Understand the core technology of addiction treatment
- Describe the epidemiology, signs and symptoms of dual diagnosis
- Identify key clarifying questions in developing differential diagnoses in dually diagnosed patients
- Describe modifications to psychiatric treatment and addiction treatment in dually diagnosed patients
- Understand the eating disorder as the primary addiction of many chronic relapsers
- Identify whether your chemically dependent patient has a primary eating disorder
- Learn how to make the appropriate referral when an eating disorder is 'unveiled'
- Review demographics of the coming "boomer" in regard to substance abuse
- Understand and discuss the risk factors for substance abuse in the elderly
- Describe problems with diagnosing substance abuse in the elderly
- Understand the concept of opioid-induced hyperalgesia
- Understand how route of administration may affect outcome
- Understand the risks associated with chronic use of opioids for chronic pain
- Understand the biochemical workings of substance use and dependence
- Understand the psychological, social, and biological aspects of the disease of substance dependence
- Understand the role of medication assistance in substance disorder treatment
- Understand the complexity of 'anger management', substance abuse and domestic violence
- Understand and discuss the engagement strategies within the above-mentioned populations
- Understand some of the assessment and treatment implications of the above-mentioned populations
- Have an increased understanding of alcohol's teratogenic effects on a prenatally developing brain
- Understand the brain differences that manifest as behavioral issues
- Understand and be familiar with local and national FASD resources
- Gain an understanding of the historical development of the 12 steps
- Understand and appreciate the scientific insight of early alcoholics anonymous and its subsequent growth to our current knowledge of addiction
- Examine and understand the peculiar thinking of the alcoholic and drug addict in relapse behavior
- Examine the structure of the spiritual discipline of the 12 steps as a solution for the mental twist of relapse thinking
- Understand how family of origin rules regarding feelings contribute to the development of addiction
- Identify how anxiety reduction in PTSD becomes "safety" for the addicted person
- Understand how the integration of feelings, 12-steps and spirituality move the person into the recovery process

FACULTY

BURNS M. BRADY, MD, FASAM

Dr. Burns M. Brady is a 1964 graduate of the University of Louisville Medical School and completed his internship and residency at St. Joseph's Infirmary in Louisville.

Dr. Brady is a member of numerous professional medical organizations, including the local, state and national medical associations, the American Academy of Family Practice and is a Fellow of the American Society of Addiction Medicine. He is a Board-certified family physician and a Board-certified addictionologist.

Dr. Brady is an addiction consultant for a 400-bed men and women's homeless shelter, The Healing Place, which has been recognized as one of the top five in the United States.

Dr. Brady recently retired as the Medical Director of the Kentucky Physicians Health Foundation-Impaired Physicians Program. He is a clinical instructor on alcoholism for the University of Louisville, University of Kentucky, and Pikeville Schools of Medicine; and has served as a consultant to the American Bar Association, Kentucky Bar Association, Kentucky Dental Association and Kentucky Nurses Association on issues of professional impairment.

QUINN T. CHIPLEY, MA, MD

Dr. Chipley was born and raised in Memphis, Tennessee. He has degrees from Rice University, Houston Texas (B.A. - 1978), Southeastern Theological Seminary, Wake Forest, North Carolina (M. Div - 1984), University of Louisville, Clinical Psychology (M.A. - 1992) and University of Louisville, M.D. (2000).

Dr. Chipley is currently the Counseling Coordinator for students enrolled in the medical, dental, nursing and graduate schools of the University of Louisville at the Health Sciences Center campus. He considers it the ideal position where he can practice psychology against the background of a medical education. Prior mental health profession work experiences have included Director of Staff Development and Training, Central State Hospital ICF/MR, Louisville, Kentucky, a brief stint in the psychiatry residency of the University of Louisville affiliated hospitals, six years of full-time private practice in psychology with Ragsdell and Associates, Louisville, Kentucky.

Dr. Chipley's other work opportunities in life have been so varied as to include alumni fundraising for Rice University, three years of teaching in Kenya, East Africa, and bookkeeping for a small Louisville company. Volunteer passions have included active service and board membership for both Alley Cat Advocates and the Drepung Gomang Institute. He was pleased and honored in 2007 to be invited to help with the CAPTASA planning group.

PAUL H. EARLEY, M.D., FASAM

Dr. Earley has 20 years of experience treating addictive dis-

eases and specializes in long term therapy and advocacy for professionals who suffer from addictive diseases. Prior to joining the Talbott Recovery Campus, Dr. Earley was the Medical Director of the Impaired Professionals Program and Service Director of Adult Addiction Medicine at Ridgeview Institute of Atlanta. Dr. Earley is a Fellow of the American Society of Addiction Medicine (ASAM) and sat on the board of ASAM for over 10 years in several capacities. He is sought out nationally for his training in addiction and is the author of numerous articles about addiction and its treatment. In 1998, Dr. Earley's work was featured in the Bill Moyer's special on addiction titled "Close to Home".

PHIL HERNDON, MA

Phil Herndon, M.A., is the clinical director at Center for Professional Excellence in Nashville, Tennessee, and is a founding member of Sage Hill Institute, which is dedicated to teaching and training others in the Spiritual Root System. Prior to coming to CPE and Sage Hill in 2005, he was a pastor in Fort Worth, Texas. He is a graduate of Northeastern Oklahoma State University, where he earned a Bachelor of Arts degree in Psychology and a 1992 graduate of Southwestern Baptist Theological Seminary in Ft Worth, Texas where he earned a Master of Arts in Counseling and a Master of Arts in Education. He lives in Murfreesboro, TN with his wife, Sheila and son, Luke.

MARGARET JARVIS, MD

Dr. Jarvis is the Medical Director at Marworth Treatment Center in Waverly, Pennsylvania. She has done significant work with the American Society for Addiction Medicine and the Society of Advancement of Sexual Health, She attended medical school as well as completed her psychiatry residency and substance abuse medicine Fellowship at Medical College of Virginia. Dr. Jarvis is board-certified in psychiatry and neurology.

GREG L. JONES, MD

Dr. Jones has a BA in Chemistry from Huntingdon College in Montgomery, Alabama, and his medical degree is from the Medical College of Georgia.

His Family Practice Residency was in Anniston, Alabama and he remained there on faculty until 1992. During his years in Anniston, Dr. Jones served as President of the Alabama Academy of Family Physicians and the Director of the Residency Program.

He later worked in Paducah, Kentucky, at Lourdes Hospital and from there went to Danville, Kentucky, working for Ephraim McDowell.

After completing an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia, Dr. Jones returned to Kentucky to start the first medical detox unit in eastern Ken-

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tucky in Pikeville.

Dr. Jones is currently the Director of Medical Services at Eastern State Hospital in Lexington. His practice there includes full in-patient Family Medicine and Addiction Medicine.

OMAR S. MANEJWALA, MD

Dr. Manejwala is board-certified in psychiatry and is certified by the American Society of Addiction Medicine. He completed medical school at the University of Maryland School of Medicine and internship and residency in psychiatry at Duke University Medical Center, where he also served as the Executive Chief Resident. He is completing his MBA at University of Virginia's Darden School of Business. He has been active in ASAM and has held several leadership positions at the North Carolina Psychiatric Association and the North Carolina Society of Addiction Medicine. He is a certified Medical Review Officer and has also served as a consultant to hospital systems seeking to implement addiction treatment programs and lectured nationally on addiction in professionals and dual diagnosis.

TENNIE McCARTY, LCDC, ADA III, CEDC

Tennie is the founder and co-owner of Shades of Hope and currently serves as CEO. Entering the field of addiction treatment over 30 years ago, Tennie has dedicated her life to helping those with addictions as well as the families of. In 1987 Tennie founded Shades of Hope with the dream of providing a safe, nurturing environment that worked with eating disorders and co-occurring addictions. Tennie blends her professional knowledge, personal story of recovery, and the perspective of an addict's parent in an engaging no-nonsense approach that has led to the success of Shades of Hope. She is nationally recognized as one of the pioneers in the treatment of eating disorders as an addiction.

PATRICK MURPHY, MD

After 18 years of private practice, Dr. Murphy joined the University of Louisville in the geriatric section where he is now an Associate Professor of Geriatrics. His main focus is Home Care and Long-Term Care and he is Director of both programs at the University of Louisville School of Medicine.

LAURA NAGLE, B.A.

Laura Nagle, B.A., has worked with Bluegrass Prevention Center since 1999, focusing on Fetal Alcohol Spectrum Disorders since 2001. She has coordinated a federal research grant studying community-based FASD prevention and intervention, and is currently the coordinator of Kentucky's FASD Prevention Enhancement Site.

MATTHEW VEROFF

Matthew Veroff is a licensed clinical social worker who

owns and conducts a private practice in Louisville, Kentucky. He has been a therapist in the community for the past twenty-nine years. He has been a leader in the development of issue specific treatment for families and individuals where family violence has occurred. He has provided training and consultation on a local, regional and national level.

DONNA WIESENHAHN, M.Ed

Donna Wiesenahn, M.Ed., is the Director of Bluegrass Regional Prevention Center, a program that coordinates community-based prevention efforts targeting substance abuse among youth and adults. Having been in the field of prevention for almost 20 years, Donna brings a tremendous amount of knowledge and experience about effective strategies for addressing substance abuse on a community level. Additionally, Donna is the Director of Kentucky's Fetal Alcohol Spectrum Disorders Prevention Enhancement Site, and she has trained over 200 Kentucky professionals to become FASD Trainers for their own agencies.

WILLIAM WITT, MD

Dr. Witt received his medical degree in the three-year accelerated program with honors from the University of Minnesota in 1976. He entered surgical residency at the University of Kentucky.

After suffering a spinal cord contusion in 1977, and finding little help for the chronic pain that followed, Dr. Witt made the decision to complete anesthesiology residency at the University of Colorado focusing on the treatment of chronic pain. The University of Colorado had one of only two comprehensive chronic pain treatment programs in the Country at that time. After spending a year on the faculty at the University of Colorado he came to the University of Kentucky in 1980. He began seeing chronic pain patients in the recovery room of the operating rooms and when he was appointed Chairman of Anesthesiology, made the development of a multi-disciplinary chronic pain treatment program central to his acceptance of the position.

Under Dr. Witt's directorship the program has grown and now occupies a state-of-the-art facility, complete with two licensed operating rooms at 101 Prosperous Place in Lexington. Dr. Witt is a full-time member of the faculty of the University of Kentucky as Professor of Anesthesiology, with joint professorial appointments in Neurosurgery and Hematology-Oncology. Dr. Witt is Board certified in Anesthesiology, Pain Management and Critical Care Medicine. Dr. Witt lectures extensively, is a member of Aloha Omega Alpha honorary medical society, serves as a consultant to Medtronic, Inc. and Elan Pharmaceutical, Inc. He has been elected to membership in Best Doctors in America for each of the last many years.

ACCREDITATION STATEMENT & DISCLOSURE ANNOUNCEMENTS

Kentucky Medical Association

- This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint-sponsorship of the Kentucky Medical Association and the Kentucky Physicians Health Foundation. The Kentucky Medical Association is accredited by the ACCME to provide continuing medical education for physicians.
- The Kentucky Medical Association designates this continuing medical education activity for the maximum of *10 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Commonwealth of Kentucky Board of Dentistry

- A request for approval of 13 hours has been submitted to the Kentucky Board of Dentistry.

Kentucky Board of Nursing

- KBN approved nursing continuing education contact hours will be awarded for each day of attendance at this conference. (7.0 contact hours - 1/23/09 and 6.0 contact hours - 1/24/09). The KBN approval of an individual nursing continuing education provider does not constitute endorsement of offering content.

Kentucky Board of Pharmacy

- A request for approval of 13 hours CE has been submitted to the Kentucky Board of Pharmacy.

Social Workers

- This conference is planned and implemented in accordance with the requirements of the Kentucky State Board of Social Work. Approval of 13 hours CE is pending through the Kentucky State Board of Social Work Credentialing.

Certified Alcohol and Drug Counselors

- Contact hours will be awarded.

Employee Assistance Program

- Professional Development Hours are being offered.

Physical Therapy

- A request for approval of 13 hours of CE has been submitted to the KPTA.

Psychologists

- A request for approval of 13 hours of CE has been submitted to Kentucky Board of Examiners of Psychology. Approval is pending.

SUPPORTING & PLANNING ORGANIZATIONS

Kentucky Physicians Health Foundation
Kentucky Professionals Recovery Network
Kentucky Dental Association Medicine
K.A.R.E. for Nurses Program, Kentucky Board of Nursing
Kentucky Society of Addiction Medicine
Kentucky Association of Addiction Professionals
Kentucky Chapter of Employee Assistance Professionals Association
Kentucky Association of Nurse Anesthetists
Kentucky Psychological Association
National Association of Social workers, KY Chapter

SPECIAL SUPPORT FROM

Kentucky Medical Association
Kentucky Board of Pharmacy
Kentucky Society of Health Systems Pharmacists

CAPTASA IS GOING GREEN!

What this means for participants: We will no longer be making copies of presentation handouts for each conference attendee. All presentations will be available at our website www.captasa.org one week prior to the conference so that you may download and print your own copies. This will save greatly on paper, which means fewer trees will be killed! It will also allow us to avoid an increase in registration fees. For those participants who prefer handouts be provided for them there will be an additional charge of \$35 per set. We hope you support us in this endeavor to do our little part to save the environment. We look forward to seeing you in January 2009!

2009 CAPTASA CONFERENCE EXHIBITORS

Alcoholics Anonymous
Al-Anon
Behavioral Medicine Network
Bradford Heath Services
The Bridge to Recovery
The Burning Tree
Center for Professional Excellence
Center for Professional Renewal
Cephalon
Clearview Recovery Center
COPAC addiction Services
Cornerstone of Recovery
Cumberland Heights
Encore Audio Archives
English Mountain Recovery
FirstLab
Hazelden Recovery Services

The Healing Place
HealthCare Connection
Glenbeigh
Little Hill-Alina Lodge
Marworth
Metro Atlanta Recovery Residences
The Morton Center
Narcotics Anonymous
The Pavillon
Pine Grove/ Next Step
Questhouse
The Ridge
Ridgeview Institute
River Oaks Hospital
The Safety Net
Shades of Hope Treatment Center
Willingway Hospital

The Farley Center at Williamsburg Place
Kentucky Cabinet for Health and Family Services
Lincoln Trail Behavioral Health

CAPTASA Conference
c/o Kentucky Physicians Health Foundation
9000 Wessex Place, Suite 305
Louisville, KY 40222

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