

# CAPTASA

*CLINICAL APPLICATIONS OF  
THE PRINCIPLES IN  
TREATMENT OF ADDICTIONS  
AND SUBSTANCE ABUSE*

**12TH ANNUAL  
CONFERENCE**

*JANUARY 27 - 28, 2012*

*EMBASSY SUITES*

*LEXINGTON, KENTUCKY*

# 2012 CAPTASA CONFERENCE WEEKEND SCHEDULE

## THURSDAY, JANUARY 26

---

8:00-9:00pm Open 12-Step Meeting

## FRIDAY, JANUARY 27

---

7:00am-8:15 Registration  
Continental Breakfast - Sponsored by The Burning Tree

8:15-8:30am *Welcome and Announcements* - Brian Fingerson, RPh

8:30-9:20am *Eating Disorders: Epidemiology, Biology and Solutions Part 1* - J. Randle Adair, DO, PhD

9:30-10:20am *Eating Disorders: Epidemiology, Biology and Solutions Part 2* - J. Randle Adair, DO, PhD

10:30-11:20am *Eating Disorders Part 3* - Philip F. Bressoud, MD

11:20-11:35am Q & A

11:35-1:00pm Lunch

1:00-1:50pm *Addicted to Food: Gaining Recovery* -  
Tennie McCarty, LCDR, ADC III, CEDC, CAS

2:00-2:50pm *Alcohol Use Disorders Treatment: Abstinence -vs- Moderation* -  
Burns M. Brady, MD, FAAFP, FASAM

2:50-3:10pm Break

3:10-4:00pm *Drug Testing Conundrums: The Tough Cases* - Greg Skipper, MD

4:10-5:00pm *Geriatrics and Substance: Can We Handle the Boomers?* -  
Demetra Antimisiaris, PharmD

5:00-5:15pm Q & A

5:15-6:45pm Break

6:45-7:45pm Conference Banquet

7:45-8:00pm Break

8:00-9:00pm Banquet Speaker - James T. (Rancho Mirage, CA)

9:10pm Open AA Meeting

9:10pm AI-Anon Meeting

## SATURDAY, JANUARY 28

---

6:30-7:30 Closed AA Meeting

7:30am Continental Breakfast - Sponsored by Bradford Health Services

8:15-9:05am *But Doc I Really Hurt* - Gregory L. Jones, MD

9:15-10:05am *Kentucky All Schedule Prescription Electronic Reporting (KASPER)* -  
David R. Hopkins

10:05-10:30am Break

10:30-11:20am *Abstinence vs Medication: Assisted Treatment for Opiate Dependency and Stimulants for ADHD* - Lloyd J. Gordon, III, MD, FASAM

11:30am-12:20pm *Case Presentation of 54-year-old Caucasian Female Admitted to Medical Service with Diagnosis of Acute Pancreatitis* -  
Burns M. Brady, MD, FAAFP, FASAM

12:20-12:35pm Q & A

12:35-1:40pm Lunch

1:40-2:30pm *An Original Family Disease Model: Is It Still Effective?* -  
John Walsh, CADC, BRII

2:40-3:30pm *Beyond Sobriety: Understanding Sexual Addictions as a Marker of Intimacy* -  
Susan Campling, RN, PsyD, CSAT-S, SCOT, CDVT

# CAPTASA ANNUAL CONFERENCE

## TARGET AUDIENCE

---

Attendees will include physicians, nurses, pharmacists, dentists, chemical dependency counselors, psychologists, therapists, social workers, employee assistance professionals and other health care providers, as well as recovering professionals.

## LEARNING OBJECTIVES

---

After completing this course, the participant should be able to:

- Identify major eating disorders
- Distinguish anorexia, bulimia and obesity
- Explain differing underlying neurobiology in eating disorders
- Target therapies for treating eating disorders appropriately
- Recognize appropriate treatments for eating disorders
- Understand referral resources for eating disorders
- Identify risk factors and health system causes leading to substance abuse in elders
- State how to discover hidden substance abuse in elders
- Improve care management of elders to treat the root causes of substance abuse
- Learn the history of the abstinence-vs-moderation controversy
- Learn the current status of evidence based research supporting abstinence
- Learn the current status of neuropharmacology and genetics underlying compulsivities and addiction
- Be able to review the basic premise/theory of sex addiction
- Be able to consider sexual addiction as an intimacy disorder
- Be able to examine sexual addiction in relationship to Stage 2 recovery
- Define and give rationale for abstinence based treatment
- Give experience and outcomes with abstinence based vs medication assisted treatment with opiates and stimulants
- Discuss the scope of the prescription drug abuse problem and the characteristics of misuse, abuse and diversion of controlled pharmaceutical substances
- Explain the workings of the KASPER program including controls on KASPER data and usage
- Describe activities and plans to increase the effectiveness of KASPER
- Explain the difference between acute and chronic pain
- Summarize opiate induced hyperalgesia
- Review non-opiate options for pain management
- Be able to identify the difference between overeating and overeating as an addiction
- Be able to relate food as an addiction to that of chemical dependency
- Understand what it truly means to be “addicted to food” and the implications associated with that
- Participants will learn/review family disease model
- Participants will explore current relevancy of family disease model
- Participants will be introduced to variance of model regarding young adult addicts/alcoholics
- Identify the multiple presenting symptomology of chemical and process addictions
- Develop a protocol in the history review of addictive disorders in patient evaluation
- Develop a differential construct of treatment modalities available with emphasis on the selection of treatment for the patient
- Know the most common quirks regarding opiates and benzodiazepines and how positive drug tests can occur from metabolites and/or contamination
- Understand the issue of dilution and why it matters
- List the new drug testing markers for alcohol and how they can best be used

# FACULTY

## **J. RANDLE ADAIR, DO, PhD**

Dr. Adair received his BS in Biology at Georgetown in 1969, his PhD in Neurophysiology at Emory University in 1974, and medical degree at Nova Southeastern University in 1997.

His postdoctoral training includes being a Pharmacology Fellow at Georgetown University Medical School (1976-1978) and the Chemical Dependency Training Institute of University of Miami (1986), after which he participated in the development and implementation of Project Trust, a novel school-based alcohol and drug intervention and treatment program in Miami-Dade (FL) public schools.

He is, as a physician, certified by the American Boards of Internal Medicine and Addiction Medicine.

He is currently Division Chief of Internal Medicine and Attending Hospitalist at Presbyterian Hospital in Albuquerque, New Mexico. He serves as Chair of the Physician's Aid Committee, Co-Chair of the Stroke Task Force, and Chair of the Anticoagulation Subcommittee.

He is also currently teaching faculty at the VA Hospital in Albuquerque, affiliated with the University of New Mexico.

## **DEMETRA ANTMISIARIS, PHARM D**

Dr. Antmisiaris earned her Doctor of Pharmacy degree at the University of the Pacific (California), and completed a Geriatric Clinical pharmacy residency at UCLA. She is a Certified Geriatric Pharmacist and Fellow of the American Society of Consultant Pharmacists.

After working as a geriatric pharmacy long term care consultant, she joined the U of L Family Med & Geriatrics faculty to head the "Polypharmacy Initiative", which is an innovative and unique program amongst medical schools in the United States, dedicated exclusively to fighting the problem of polypharmacy through education, research and outreach.

## **BURNS M. BRADY, MD, FASAM, FAAFP**

Dr. Burns M. Brady is a 1964 graduate of the University of Louisville Medical School and completed his internship and residency training at St. Joseph's Infirmary in Louisville.

Dr. Brady is a member of numerous professional medical organizations, including the local, state and national medical associations, the American Academy of Family Practice and is a Fellow of the American Society of Addiction Medicine. He is a Board-certified family physician and a Board-certified addictionologist.

Dr. Brady is an addiction consultant for a 400-bed men and women's homeless shelter, The Healing Place, which has

been recognized as one of the top five in the United States.

Dr. Brady recently retired for a second time as the Medical Director of the Kentucky Physicians Health Foundation-Impaired Physicians Program. He is a clinical instructor on alcoholism for the University of Louisville, University of Kentucky, and Pikeville Schools of Medicine; and has served as a consultant to the American Bar Association, Kentucky Bar Association, Kentucky Dental Association and Kentucky Nurses Association on issues of professional impairment.

Dr. Brady is currently involved in a volunteer capacity with Luther Lockett and Roederer Correctional Institutions in LaGrange, KY, bringing the 12-Step recovery text book model to those inmates.

Dr. Brady has presented on various topics relating to impairment issues on a local, state, national and international level.

## **PHILIP F. BRESSOUD, MD**

Dr. Bressoud is currently an Associate Professor of Medicine and a 1989 graduate of the University of Louisville School of Medicine. He holds a Masters Degree in Anatomy from the University of Louisville as well as a BS in Microbiology from the University of Kentucky in 1981. He completed his residency in Internal Medicine at the University of Louisville in 1992. He served as the Chief Medical Resident from 1992-1993 when he joined the faculty of the School of Medicine. Since that time he has maintained a faculty primary care practice at the Health Sciences Center. He is board certified in Internal Medicine and recertified in 2004. He is a Fellow of the American College of Physicians. He is interested in general primary care medicine, hypertension, diabetes and sleep disorders as well as computer applications in medicine. He currently serves at the Executive Director of the University's Campus Health Service and is a lead physician in the HSC electronic medical records implementation.

## **SUSAN CAMPLING, RN, PsyD, CSAT-S, CSOT, CDVT**

Dr. Susan Campling serves on the staff of Pine Grove in Hattiesburg, Mississippi. During her capacity at Pine Grove Susan has served as the Director of the Pine Grove Gentle Path Program. Today, she represents Pine Grove in speaking and educational events throughout the United States and abroad. She brings to Gentle Path and Pine Grove over 20 years experience in the field of mental health and addiction treatment. She is degreed in both nursing and psychology and has worked in a variety of settings including outpatient mental health care. She

# FACULTY

previously served as Director of the Keystone Center ECU in Chester, Pennsylvania. She was also Founder and Director of their Professional Assessment Center and has considerable experience facilitating recovery for health care providers and clergy.

Dr. Campling obtained her Doctorate from LaSalle University in Philadelphia, PA. She obtained her BSN from Alvernia University in Reading, PA. She has served on the Advisory Board for IITAP and Alvernia University graduate psychology programs. She supervised both interns and post doctorate fellows including graduates of Widener University's JD/Psy.D program. She is a Certified Sexual Addictions Therapist-Supervisor, Certified Domestic Violence Therapist, Certified Sexual Offender Therapist and an Administrator for the Abel Assessment of Sexual Interest.

Dr. Campling has presented extensively on the topics of sexual addiction, sexual offending, domestic violence and trauma.

## **LLOYD GORDON, III, MD, FASAM**

Dr. Gordon graduated from the University of Tennessee Medical School and did a residency in Internal Medicine at the University of Alabama Birmingham. After ten years of Critical Care Medicine he became Certified in Addiction Medicine by ASAM. He sat on the ASAM Board of Directors and was Chair of the ASAM credentialing Committee for 8 years. He spent nine years representing ASAM at the American Medical Association's House of Delegates. During that time he was chairman of the AMA's Task Force on Underaged Drinking. Since 1989 he has been Medical Director of Copac, Inc., a secondary residential treatment facility for drug and alcohol dependence. He is founder of the Mississippi Chapter of ASAM and served as President of the Caduceus Club of Mississippi in the mid 1990's which was responsible for following and treating dependent healthcare professionals in Mississippi. He was in the inaugural group of physicians Board Certified in Addiction Medicine by the American Board of Addiction Medicine and is a fellow of ASAM.

## **DAVID R. HOPKINS, KASPER PROGRAM MANAGER**

Mr. Hopkins is Program Manager for the Kentucky All Schedule Prescription Electronic Reporting (KASPER) system within the Kentucky Cabinet for Health and Family Services. In this position he is responsible for KASPER training, promoting increased use of the system, managing the federal Prescrip-

tion Drug Monitoring Program Grants that provide funding support for the program, and for analysis and research of KASPER data. Mr. Hopkins graduated from The Ohio State University with a Bachelor of Science in Computer and Information Science, and has over 30 years experience in Information Technology consulting and project management. Mr. Hopkins is a member of the National Association of Drug Diversion Investigators, National Association of State Controlled Substances Authorities, and currently serves as vice president of the Alliance of States with Prescription Monitoring Programs.

## **GREG L. JONES, MD**

Dr. Jones has a BA in Chemistry from Huntingdon College in Montgomery, Alabama. His medical degree is from the Medical College of Georgia in Augusta, GA.

His Family Practice training was in Anniston, Alabama, where he also served on the faculty of the Residency until 1992. During his years in Anniston, he was President of the Alabama Academy of Family Physicians and the Director of the Residency program.

He moved to Paducah, Kentucky, working for Lourdes Hospital and then to Danville, Kentucky, working for Ephraim McDowell in Family Medicine.

After completing an Addiction Medicine Fellowship at Willingway Hospital in Statesboro, Georgia, he returned to Kentucky to start the first Medical Detox unit in eastern Kentucky at Pikeville Methodist Hospital, serving as Medical Director.

From there he became the Director of Medical Services at Eastern State Hospital in Lexington. His practice included full in-patient Family Medicine and Addiction Medicine. While in Lexington he was also on the Board of Directors of the Kentucky Physicians Health Foundation and the Shepherd's House in Lexington.

Dr. Jones returned to Willingway Hospital in 2010 as a Staff Physician and remained there until late 2011. He is currently the Medical Director of the Kentucky Physicians Health Foundation.

He is Board Certified in Family Medicine by ABFM and in Addiction Medicine by ABAM.

# FACULTY

## **TENNIE McCARTY, LCDC, ADC III, CEDC, CAS**

As the Founder, CEO and co-owner of Shades of Hope, Tennie brings over thirty years of combined professional and personal insight to the treatment of addictive diseases. She was the first Program Director at Serenity House in Abilene, a position she held for nine years. Seeing the need for an all-addiction treatment program, Tennie and a partner founded Shades of Hope in 1987 as a treatment center to address multiple addictions including eating disorders, alcoholism, chemical dependency, sexual addiction, self-injury histories and codependency. Tennie speaks several times each year to professional groups throughout the country, including being asked to address Kentucky's American Medical Association in 2008. In recovery herself and the mother of a recovering anorexic, Tennie has a unique insight into the nature of disordered eating. Her expertise manifests itself through her work in anger reduction, family sculpting and week-long intensive eating disorder workshops..

## **GREGORY E. SKIPPER, M.D.**

Dr. Skipper has worked in the arena of professional health, impairment and occupational and addiction medicine for over 30 years. Before coming to Promises Treatment Centers in Los Angeles, Dr. Skipper served as Medical Director of the Alabama Physician Health Program (1999-2011). He was the primary innovator of ethyl glucuronide, (EtG), testing, a new alcohol marker to better document abstinence (maintains an informational website [www.ethylglucuronide.com](http://www.ethylglucuronide.com)). He was also a principle investigator of The Blueprint Study a National Study of Physician Health Programs, sponsored by a Robert Wood Johnson Foundation grant. Dr. Skipper is Medical Director, Professional Boundaries, Inc, providing CME courses nationally dedicated to improving professional boundaries and ethics among physicians. He is certified by the American Board of Addiction Medicine (2009). He is a consultant to the Food and Drug Administration's Center for Drug Evaluation and Research and Drug Abuse Advisory Committee since 2002. Dr. Skipper was formerly Medical Director of Springbrook Hazelden, an evaluation and treatment program for professionals, in Newberg, Oregon (1993-99) and he was a Chief Advisor to the designing of the professionals program at Betty Ford Center and Bradford Health Services.

## **JOHN WALSH, CADC, BRII**

John began in the addictions field in August 1973.

He has served as counselor, counselor supervisor, treatment director, administrator, CEO, consultant, and marketer.

He worked or managed in the areas of detoxification, short and long term residential, transitional living, traditional long term outpatient, intensive outpatient, and assessment/evaluation.

John has been an interventionist since 1977 and has conducted or directly supervised over 850 interventions.

Since 1980 when he began a private practice John has specialized in working with his passion, the addicted family. He co-founded and served as the CEO of The Morton Center from April, 1984 until February, 2007.

John currently is in private practice in Louisville working with individuals, couples, families, and conducting interventions. He also serves as a consultant with Bradford Health Services.

He is married to Sandra for the past 46 years, has two sons and daughter-in-laws and three grandchildren. All live in Louisville.

# ACCREDITATION STATEMENT & DISCLOSURE ANNOUNCEMENTS

## **Kentucky Medical Association**

- The Kentucky Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.
- The Kentucky Medical Association designates this medical education activity for the maximum of *10 AMA PRA Category 1 Credit(s)<sup>TM</sup>*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## **Commonwealth of Kentucky Board of Dentistry**

- A request for approval of 13 hours has been submitted to the Kentucky Board of Dentistry.

## **Kentucky Board of Nursing**

- KBN approved nursing continuing education contact hours will be awarded for each day of attendance at this conference. (7.0 contact hours – 1/27/12 and 6.0 contact hours – 1/28/12). The KBN approval of an individual nursing continuing education provider does not constitute endorsement of offering content.

## **Kentucky Board of Pharmacy**

- A request for approval of 13 hours has been submitted to the Kentucky Board of Pharmacy.

## **Social Workers**

- This conference is planned and implemented in accordance with the requirements of the Kentucky Board of Social Work. A maximum of 13 CEU's have been submitted for approval for attendance at the entire conference through the Kentucky Board of Social Work.

## **Certified Alcohol and Drug Counselors**

- Contact hours will be awarded.

## **Physical Therapy**

- A request for approval of 13 hours of CE has been submitted to the KPTA.

## **Psychologists**

- CAPTASA is authorized by the Kentucky Board of Examiners of Psychology to provide up to 10.4 CE credits for professionals Licensed by that board and not for students.

## **Licensed Marriage and Family Therapists**

- This conference is planned and implemented in accordance with the requirements of the Kentucky State Board of Licensed Marriage and Family Therapists. A maximum of 13 CEU's have been submitted for approval for attendance at the entire conference through the Kentucky Board of Licensed Marriage and Family Therapists.

## **Kentucky Employee Assistant Professionals Association**

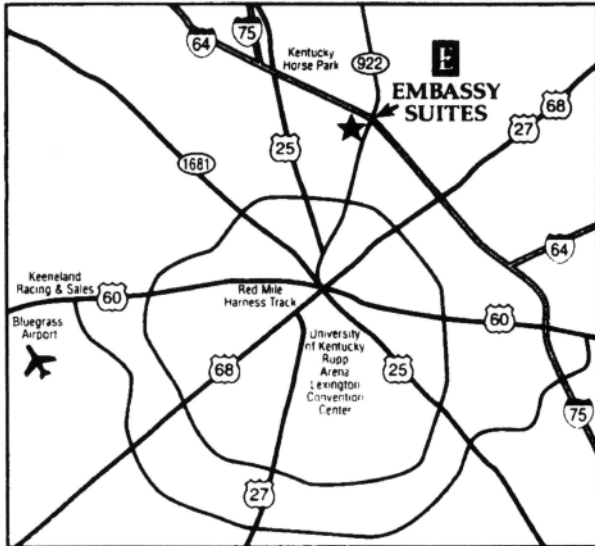
- 13 contact hours will be awarded.

# REGISTRATION FORM AND HOTEL INFORMATION



## EMBASSY SUITES HOTEL™

1801 Newtown Pike  
Lexington, KY 40511  
(859) 455-5000



### CONFERENCE SITE & ACCOMMODATIONS

All conference sessions will be held at the Embassy Suites in Lexington. A special conference rate has been arranged for overnight accommodations at the Embassy Suites. Please contact the hotel directly to make your hotel reservations prior to the cut-off date. Be sure to mention the "Clinical Applications of Principles in Treatment of Addictions and Substance Abuse" (CAPTASA) Conference to ensure that you receive the conference rate.

**Room Rates** - \$122 single or double  
**Cut-off Date** - January 6, 2012

To make hotel reservations attendees may either call the hotel directly at the number listed below or by online registration via the link provided. Your web page address is: [http://embassysuites.hilton.com/en/es/groups/personalized/L/LEXESSES-CAP-20120122/index.jhtml?WT.mc\\_id=POG](http://embassysuites.hilton.com/en/es/groups/personalized/L/LEXESSES-CAP-20120122/index.jhtml?WT.mc_id=POG)

Group Name: CAPTASA  
Group Code: CAP  
Check-in: 22-JAN-2012  
Check-out: 02-FEB-2012  
Hotel Name: Embassy Suites Lexington  
Hotel Address: 1801 Newtown Pike, Lexington, KY 40511  
Phone Number: 859-455-5000

#### For Additional Information

Sandy Patrick, Office Manager  
Kentucky Physicians Health Foundation  
9000 Wessex Place, Suite 305, Louisville, KY 40222  
Phone: (502) 425-7761 FAX: (502) 425-6871  
Email: [sandyp@kyrecovery.org](mailto:sandyp@kyrecovery.org) Website: [www.captasa.org](http://www.captasa.org)

### CAPTASA Conference

January 27-28, 2012 Embassy Suites- Lexington, KY  
Registration Form

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_

Profession/Credentials \_\_\_\_\_

Name for Nametag \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Institution/Organization \_\_\_\_\_

#### PAYMENT INFORMATION

- Personal or institutional check made payable to: CAPTASA Conference
- Credit cards **NOT** accepted
- Cost of Banquet included in registration fee.

#### NO REFUNDS AFTER JANUARY 13, 2012

\$150 Early Registration Fee (rec'd by Jan. 13, 2012) \$ \_\_\_\_\_  
\$175 Regular Registration Fee (rec'd after Jan. 13, 2012) \_\_\_\_\_

I plan to attend the banquet Friday night \_\_\_\_\_ Yes \_\_\_\_\_ No  
(cost of the banquet ticket is included in the registration fee)

Guest Banquet Ticket(s): #Tickets \_\_\_\_\_ x \$30 per ticket= \$ \_\_\_\_\_  
Handouts @ \$35 per set: # Sets \_\_\_\_\_ x \$35 per set= \$ \_\_\_\_\_

**Total Amount Enclosed:** \$ \_\_\_\_\_

Please indicate any special needs here: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mail to: CAPTASA Conference  
c/o Kentucky Physicians Health Foundation  
9000 Wessex Place, Suite 305  
Louisville, KY 40222



## SUPPORTING & PLANNING ORGANIZATIONS

Kentucky Physicians Health Foundation  
Kentucky Professionals Recovery Network  
Kentucky Dental Association Medicine  
K.A.R.E. for Nurses Program, Kentucky Board of Nursing  
Kentucky Society of Addiction Medicine  
Kentucky Association of Addiction Professionals  
Kentucky Chapter of Employee Assistance Professionals Association  
Kentucky Psychological Association  
Kentucky Board of Social Workers

## SPECIAL SUPPORT FROM

Kentucky Medical Association  
Kentucky Board of Pharmacy  
Kentucky Society of Health Systems Pharmacists

## CAPTASA IS STAYING GREEN!

What this means for participants: We will no longer be making copies of presentation handouts for each conference attendee. All presentations will be available at our website [www.captasa.org](http://www.captasa.org) one week prior to the conference so that you may download and print your own copies. This will save greatly on paper, which means fewer trees will be killed! It will also allow us to avoid an increase in registration fees. For those participants who prefer handouts be provided for them there will be an additional charge of \$35 per set. We hope you support us in this endeavor to do our little part to save the environment. We look forward to seeing you in January 2012!

## 2012 CAPTASA CONFERENCE EXHIBITORS

Alcoholics Anonymous  
Al-Anon  
Bradford Health Services  
The Bridge to Recovery  
The Brook Hospital  
The Burning Tree  
Center for Professional Excellence  
COPAC Addiction Services  
Cornerstone of Recovery  
Cumberland Heights  
FirstLab  
Hazelden Recovery Services  
The Healing Place  
Little Hill-Alina Lodge  
The Menninger Clinic

Metro Atlanta Recovery Residences  
The Morton Center  
New Vision of Norton Audubon Hospital  
Pine Grove Behavioral Health  
Promise Treatment Centers  
Questhouse  
Tara Treatment Center  
The Refuge A Healing Place  
The Retreat  
The Ridge  
Ridgeview Institute  
Shands Vista  
Shepherd Hill  
Talbot Recovery Campus  
Willingway Hospital

Kentucky Cabinet for Health and Family Services  
Lincoln Trail Behavioral Health

CAPTASA Conference  
c/o Kentucky Physicians Health Foundation  
9000 Wessex Place, Suite 305  
Louisville, KY 40222

Presort Standard  
U.S. Postage  
PAID  
Louisville, KY  
Permit No. 1823

# CAPTASA

*CLINICAL APPLICATIONS OF  
THE PRINCIPLES IN  
TREATMENT OF ADDICTIONS  
AND SUBSTANCE ABUSE*

**12TH ANNUAL  
CONFERENCE**

*JANUARY 27 - 28, 2012  
EMBASSY SUITES  
LEXINGTON, KENTUCKY*